

List of Videos (Numerical Order)

NUMBER	TITLE	DESCRIPTION	TIME	LANG
1	JUST DO MEDIA LITERACY	Explores what media literacy is and gives tools and tips on how to analyze and understand media messages. Helps explain how media shapes our reality and culture. Examines controversial issues and positions on media messages.	55 min	Eng
2	RUINED LIVES: JUST ONE MORE TIME	Portrays the story of a young woman who tries "meth" for the first time and the consequences she experiences. Emphatically makes the point that trying methamphetamines even once can result in severe consequences.	27 min	Eng
3	RUINED LIVES: THE DANGER OF METHAMPHETAMINE	Portrays the story of a young woman who tries "meth" for the first time and the consequences she experiences. Emphatically makes the point that trying methamphetamines even once can result in severe consequences. Includes interviews with individuals whose lives have been affected by methamphetamine abuse, not included in "Ruined Lives: Just One Time."		Eng
4	TOMORROW'S TECHNOLOGY THE OPPORTUNITIES, THE THREATS	Presents highlights of the Albuquerque Academy Conference. Includes presentations of nationally recognized experts on media literacy and commentary by Hugh Downs on electronic media and its inclusion in instructional design.		Eng
8	COMBATING BINGE DRINKING (teleconference)	Discusses social costs and consequences of alcohol use among young adults. Explores prevention strategies and provides examples of cities who are using effective methods to help decrease the problem.		Eng
9	BINGE DRINKING BLOW OUT: The extreme dangers of alcohol use - High School version	Describes the dangers of binge drinking. Includes interviews with young adults, doctors, and parents of teens who have died from binge drinking.	28 min	Eng
10	DRUG ABUSE ISSUES	Discusses drug abuse in the US and the complex issues associated with finding a solution to the problem.	89 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
11	TRUE LIFE	Presents the stories of three Ecstasy users: a recovering Ecstasy user, a current recreational user, and a current user in therapy. "True Life" seems to want to tell the unsatisfying truth about most recreational drugs: some people can handle them and some can't. By offering a range of cases from Lynn to Sue, MTV manages to reveal that muddled reality, even if they can't quite bring themselves to say it.	60 min	Eng
37	MANTENIENDO LA PAZ: A CONFLICT RESOLUTION GUIDE FOR SPANISH SPEAKING PARENTS	Equips parents and children with practical mediation and communication skills that stress positive resolutions to everyday problems. (Discussion guide available)	30 min	Span
109	UPPERS, DOWNERS, ALL AROUNDERS - PART I THE EFFECTS	Examines how and why the physical and emotional centers of the brain are affected by psychoactive drugs. Gives a general classification of the drugs; i.e., stimulants, depressants, psychedelics and examines the various levels of drug seeking behavior.	30 min	Eng
110	UPPERS, DOWNERS, ALL AROUNDERS - PART II THE DRUGS	Identifies the most commonly used psychoactive drugs: marijuana, cocaine, heroin, valium, alcohol, look-alikes, and inhalants. Classifies them by effect, shows how they are absorbed and metabolized, and gives a short history of drug use.	30 min	Eng
111	WALKING DEATH	Produced by the State Department of Alcohol and Drug Programs in 1985. Documents the tragic results of the new designer drugs. Shows footage of heroin addicts who have developed Parkinsonian-like symptoms from use of these new and powerful synthetic opiates. (Multiple copies available)	15 min	Eng
119	THE SOUND OF SILENCE	Addresses physical abuse and incest in a professional manner appropriate for treatment settings and aftercare programs. Describes how physical abuse and incest can affect members of families where alcohol and drug abuse is also a problem. States that until the silence is broken and the abuse dealt with, recovery is at risk. (Multiple copies available)	27 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
128	HOW TO SABOTAGE YOUR TREATMENT	Describes how sabotage of treatment occurs largely as a result of an unconscious attempt to deny that alcohol dependency exists. Examines several examples of road blocks to treatment that can ultimately ruin recovery. Reflects on former patients' individual attempts to hinder treatment. Dramatizes examples. (Discussion guide available) (Multiple copies available)	24 min	Eng
140	DRUG-FREE KIDS - A PARENT'S GUIDE	Helps parents identify and deal with childhood drug abuse. Host Ken Howard guides the cast through a variety of family scenes that teach the parenting techniques necessary to keep children away from drugs. America's leading experts in drug and alcohol abuse offer constructive advice that can be put to use within your own family. (Discussion guide available) (Multiple copies available)	70 min	Eng
144	THE FEELING CHART: THE DYNAMICS OF ALCOHOLISM	Shows chemically dependent persons and how their feelings and thoughts have been distorted by alcohol/drug abuse. Focuses on what is hurting them and why, while motivating them to seek and accept help. Also teaches family members and friends why chemically dependent persons cannot see what they are doing to themselves and others. Explores the reasons intervention and treatment are successful.	33 min	Eng
145	THE INTERVENTION	Shows what happens when people around Jan, an alcoholic, decide to take positive action. Motivated by love and concern, they agree to work with a counselor and participate in an intervention. Depicts some of the problems, possible outcomes, and rewards of intervention. Illustrates what is involved in the process and demonstrates how any concerned person can help.	29 min	Eng
150	COCAINE AND HUMAN PHYSIOLOGY	Describes of the magnitude of the cocaine abuse problem. Explains the various ways cocaine harms the body through the three methods of ingestion: snorting, injecting and inhaling through smoking. Points out that for a short period of euphoria, the user pays a terrible price: serious impairment of the body that can lead to death.	20 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
151	MARIJUANA AND HUMAN PHYSIOLOGY	Dispels the belief that marijuana offers harmless recreation with facts about marijuana, particularly the drug's chief psychoactive ingredient, tetrahydrocannabinol (THC) and its effects on the body.	20 min	Eng
156	ALCOHOL AND COCAINE: THE SECRET OF ADDICTION	Presents the latest medical findings on the effects of alcohol and cocaine. Discusses the role that heredity plays in determining patterns of addiction. Interviews the mother of Len Bias.	49 min	Eng
161	AIDS: CAN I GET IT?	Answers many questions, among them: Can I get AIDS from drinking glasses or dining out? Does the virus live in swimming pools? It is safe to share a razor, visit the dentist, or receive blood transfusions? Discusses safe sex, unsafe sex, and the advantages of being tested as well as current treatment and future prospects for curing and preventing AIDS.	45 min	Eng
167	ENJOYING SOBRIETY	Explains that sobriety can be enjoyed and life can be full for anyone. Offers practical answers to questions like: What should I do when I'm offered a drink/other drugs? If anger, loneliness, etc., is so dangerous to my recovery, what can I do about it? Why should I get a sponsor? (Multiple copies available)	25 min	Eng
178	KEVIN'S STORY	Recounts the story of Kevin Tunell, age 18, who was convicted of manslaughter and drunk driving in the death of an 18 year old girl. As an alternative form of punishment, he was sentenced to speak about his accident for one year to high school students, parents, and teachers. Describes his speech and how the experience affected his life. (Discussion guide available)	19 min	Eng
179	CHOICES AND CONSEQUENCES	Powerfully dramatizes the story of three teenage friends, all involved with alcohol/drugs but at different levels. Shows how the intervention process works at each level. Reveals how difficult it can be to pin down and deal with teenagers' use of alcohol/drugs.	35 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
181	STAYING SOBER - KEEPING STRAIGHT	Addresses important issues related to relapse prevention and relapse management through dramatic presentation of three recovering clients. Explores the recovery and relapse processes by watching these people interact with others in their lives and share their private thoughts. (Discussion guide available)	36 min	Eng
182	ALCOHOL AND HUMAN PHYSIOLOGY	Illustrates the various aspects of social life that habitually entail the use of alcohol. Discloses the facts of how alcohol affects the body. Directed not only to people who drink heavily, but also to those who are social drinkers or who have not yet started drinking. (Discussion guide available)	23 min	Eng
189	WHAT MOTHER TAKES... BABY GETS, PART I	Examines the issue of drug-addicted babies as Dr. Michael Durgee and Dr. Xylina Bean reply to questions asked by inmates of the Sybil Brand Institute Jail in Los Angeles. Discusses inmate mothers' personal stories as well as the effects their drug addiction has had on their children. Stresses the need for prenatal care; demystifies some of the street mythology about drugs, pregnancy and the law; and suggests that the future will probably not be as bright for these children as it might have been.	25 min	Eng
190	WHAT MOTHER TAKES.... BABY GETS, PART II	Continues with discussions between Dr. Durfee and Dr. B Bean and inmates of the Sybil Brand Institute in Los Angeles. Inmate mothers discuss drugs, parenting and addicted babies. Includes other topics such as: Does the father's drug use affect the baby? What if the mother uses drugs for all, or just part, of her pregnancy? Is there a danger in stopping "cold turkey"? Stresses the need for prenatal care, a drug-free pregnancy and drug-free home.	37 min	Eng
193	SMOKEABLE COCAINE	Details how freebase and crack cocaine manipulates brain chemistry. Uses animation, computer graphics and interviews to demonstrate how the effects as well as the compulsion to use are enforced by the nature of this new form of cocaine. (Discussion guide available)	28 min	Eng

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194	UPPERS, DOWNERS, ALL-AROUNDERS, PART I: THE EFFECTS	Examines how and why the physical and emotional centers of the brain are affected by psychoactive drugs. Give a general classification of the drugs; i.e., stimulants, depressants, psychedelics and examines the various levels of drug seeking behavior.	30 min	Span
195	UPPERS, DOWNERS, ALL-AROUNDERS, PART II: THE DRUGS	Identifies the most commonly used psychoactive drugs: marijuana, cocaine, heroin, valium, alcohol, look-alikes, and inhalents. Classifies them by effect, shows how they are absorbed and metabolized, and gives a short history of drug use.	30 min	Eng
197	ALCOHOL, CHILDREN AND THE FAMILY	Examines the destructive effects of alcoholism on families with a special focus on children. Provides a background for the examination of harm done to children in chemically dependent families. Reviews the developmental needs of children that are met in healthy families and shows how these needs are not met in families where one or both parents are alcoholic.	28 min	Eng
198	ADULT CHILDREN OF ALCOHOLICS	Offers a framework for understanding the serious problems of adult children of alcoholics (ACA's), including: a strong genetic influence of alcoholism, post traumatic stress disorders caused when abnormal levels of stress due to trauma overwhelm coping mechanisms, the problem associated with co-dependency, and under-learning or a lack of socialization. Outlines the ways in which ACA's react in their painful childhood's. Interviews with ACA's in treatment provide portraits of isolation.	20 min	Eng
199	BAJO LA INFLUENCIA	Follows a drunk driving case from arrest through sentencing to show the legal consequences of driving under the influence and to explain the rights of the defendant at all stages of the proceedings. (Multiple copies available)	10 min	Span
202	AMERICA HURTS: DRUG EPIDEMIC	Looks at how drugs harm individuals, families communities and the world. Interviews users to focus on how drugs have destroyed relationships, human potential and hope for the future. Shows how America's appetite for drugs causes suffering, violence and corruption here and in other countries as well.	34 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
203	CRUEL SPIRITS: ALCOHOL AND VIOLENCE	Examines the relationship between alcohol and violence. States that although rarely blamed, virtually every social problem involving violence, trauma or injury also involves the use or abuse of alcohol. Collin Siedor investigates the compelling evidence that links alcohol to rape, child abuse, spouse battering and a profusion of other violent crimes.	33 min	Eng
204	GANGS	Filmed on location in East L.A. Chicano Barrios near Whittier Blvd. Delivers the message that gang involvement has permanent and often fatal consequences. Explicitly points out that through drugs and violent behavior, street gangs kill!	33 min	Eng
207	MEDICAL EFFECTS OF ALCOHOL	Describes alcohol as a powerful drug that can do great damage to the mind and body. Shows how the body metabolizes one alcoholic beverage and examines what happens to organs and tissues under habitual "social drinking", a common but often unrecognized form of alcohol abuse.	13 min	Eng
209	SHAME AND ADDICTION	Discusses the role that shame plays in the addictive person and provides guidelines for recovery of the shame-based individual. Discusses the role of shame in relapse as well as transference to other addictions.	28 min	Eng
211	EL CARRO NUEVO	Tells the story of a young Chicano who is arrested for drunk driving. Portrays the effects of his arrest on his work and family life.	21 min	Span
214	MEDICAL ASPECT OF CODEPENDENCY	Uses computer generated medical diagrams and interviews with numerous family members to describe the nature and scope of co-dependency. Explains the physical and emotional strains that a drug or alcohol abuser places on family, friends and co-workers.	28 min	Eng
		The following 10 videos are all part of a series on the family produced for television and presented by John Bradshaw. Each video is one hour. (Discussion guide available)		
217A	JOHN BRADSHAW: THE FAMILY IN CRISIS	No description available at this time.	60 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
217B	JOHN BRADSHAW: THE HEALTHY FAMILY	Examines how a healthy functional family operates.	60 min	Eng
217C	JOHN BRADSHAW: THE UNHEALTHY FAMILY	Analyzes the characteristics of the dysfunctional family and how the cycle of emotional disease is passed from generation to generation.	60 min	Eng
217D	JOHN BRADSHAW: THE COMPULSIVE FAMILY	Explores how incorrect beliefs about one's self leads to compulsive behavior, the core of all addictions.	60 min	Eng
217E	JOHN BRADSHAW: THE PERSECUTED	Emphasizes that the problem of incest and violence within the family affects the lives of 50 million Americans - at a price all of society must pay.	60 min	Eng
217F	JOHN BRADSHAW: THE "BAD" CHILD	Looks at the moral and emotional abuse children suffer from parents who are uninformed about the role of shame and guilt in growing up.	60 min	Eng
217G	JOHN BRADSHAW: THE MOST COMMON FAMILY ILLNESS	Reveals America's most common and unrecognized addiction: co-dependency, the giving up of one's own wants and needs to live for other's wants and needs.	60 min	Eng
217H	JOHN BRADSHAW: HELP FOR THE FAMILY	Details the positive community resources available for helping families heal their wounds.	60 min	Eng
217I	JOHN BRADSHAW: HEALTH FOR THE FAMILY	Shows how to overcome denial of problems and how to intervene successfully to lead a family member or friend to help and health.	60 min	Eng
217J	JOHN BRADSHAW: HOPE FOR THE FAMILY	Outlines the dynamics of specialty groups that create the "them vs. us" attitudes which negate the human healing process. Defines hope as the power to heal ourselves, and therefore; the world.	60 min	Eng
222	ALCOHOL ABUSE: THE EARLY WARNING SIGNS	Dramatizes ten signs that may indicate a developing dependency on alcohol to show potential victims and their family and friends the rationales used to avoid admitting the problem. The object of the video is to develop an awareness and encourage them to seek help before it is too late. Narrated by Henry Fonda.	21 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
223	ALCOHOL, PILLS AND RECOVERY	Presents the effects of alcohol in the body, stressing the harmful effects of combining alcohol and medications or substituting medications for alcohol. Contains a strong message for physicians and clients using prescription drugs.	28 min	Eng
224	ALCOHOLISM AND THE FAMILY	Contains a plea by Father Martin for the treatment of all those affected by the disease of alcoholism. Points out the effects of alcoholism on the family before and after sobriety, emphasizing that sobriety is just the first step toward recovery of the dysfunctional family.	43 min	Eng
225	CHALK TALK ON ALCOHOL- PART I AND II	Father Martin outlines the scope of the alcohol problem and the factors influencing attitudes and behaviors with respect to alcohol and alcoholism.	67 min	Eng
227	FEELINGS	Father Martin discusses what we have the most of and know the least about: Feelings. States that they are neither moral nor immoral; they just are. Talks about positive/constructive feelings and the fulfillment and happiness they produce. Offers ways to handle these feelings rather than letting them handle you.	40 min	Eng
230	HAVE ANOTHER DRINK, ESE	Highlights the issue of alcoholism in the Chicano community within the framework of the personal story of a young Chicano family man who is a recovering alcoholic.	15 min	Eng
231	IF YOU LOVED ME	Chronicles the classic deterioration of the family due to alcoholism and clearly illustrates what Al-Anon is and what an Al-Anon meeting is like.	54 min	Eng
234	MEDICAL ASPECTS OF ALCOHOL, PART I (old)	Illustrates how alcohol affects the liver, heart, pancreas, kidney and other organs of the body.	27 min	Eng
234	MEDICAL ASPECTS OF ALCOHOL, PART I (new)	Illustrates how alcohol affects the liver, heart, pancreas, kidney and other organs of the body.	30 min	Eng
235	MEDICAL ASPECTS OF ALCOHOL, PART II (old)	Describes how alcohol affects the brain and nerve tissue.	30 min	Eng

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235	MEDICAL ASPECTS OF ALCOHOL, PART II (new)	Describes how alcohol affects the brain and nerve tissue.	30 min	Eng
236	MEDICAL ASPECTS OF MIND ALTERING DRUG ABUSE	Groups mind altering drugs into six major categories: Marijuana, Sedative-Hypnotics, Narcotics, Inhalants, Hallucinogens and Stimulants. Illustrates the mental and physical effects of these drugs on the human body are illustrated.	30 min	Eng
239	SOFT IS THE HEART OF A CHILD	Deals with the sensitive subject of how children are affected by alcoholism in the family. (Open-captioned format for the hearing impaired available) (Discussion guide available)	30 min	Eng
240	SYMPTOMS OF SOBRIETY	Father Martin discusses the roles of accepting a higher power, changing within, making amends and service in recovery, and quality sobriety. Refers to these as the symptoms of good health. Designed to assist those who are close to the recovering alcoholic.	37 min	Eng
241	THREE HEADED DRAGON	Presents some ideas on alcohol recovery that deal with the nature of denial: drinking, thinking, and feeling. Discusses maintaining sobriety in terms of a threefold solution: the recovering alcoholic must not only stop drinking but also develop self-honesty and grow up emotionally in order to arrest his/her alcoholism.	25 min	Eng
242	A TIME FOR DECISION	Illustrates the tendency of compulsive drinkers in middle class families to deny their problems by telling the story of a young lawyer caught in a web of alcoholism. Until the admission is made that outside help is needed, he and his family are locked into a vicious cycle of alcoholism and reproach. Shows how his family finds help through public and private resources in the community.	29 min	Eng
243	TWELVE STEPS BY FATHER MARTIN	Father Martin discusses the 12 steps of Alcoholics Anonymous.	45 min	Eng

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244	TWELVE STEPS: THE VIDEO	Offers an interpretation of a program that has helped millions of individuals and families affected by alcoholism, drug addiction, gambling, overeating and other life stress problems. Focuses on five phases of the twelve step recovery program: membership requirements, personal inventory, spiritual development, restitution and helping others.	35 min	Eng
245	YEAH, BUT....	Designed to penetrate and diffuse the anger and resistance of a client when he/she appears at a DUI session. It also provides an explanation of what typically happens in a drinking driver program. Follows the path of Max: drinking, driving under the influence, being arrested, being sentenced, and eventually attending the DUI program.	27 min	Eng
253	ALCOHOLISMO..UNA ENFERMEDAD	Summary not available at this time.	45 min	Span
254	MEDICAL ASPECTS OF ALCOHOL, PART I	Describes how alcohol affects the body.	33 min	Span
255	MEDICAL ASPECTS OF ALCOHOL, PART II	Describes how alcohol affects the nervous system.	30 min	Span
256A	NINETY-NINE BOTTLES OF BEER	Explores feelings and experiences of young people as they relate to alcohol. Points out the underlying psychological basis for involvement with alcohol and drugs in a way that young people can understand.	22 min	Eng
256B	NINETY-NINE BOTTLES OF BEER	Explores feelings and experiences of young people as they relate to alcohol. Points out the underlying psychological basis for involvement with alcohol and drugs in a way that young people can understand.	22 min	Span
257	SECRET LOVE OF SANDRA BLAINE	Provides a look at a suburban housewife who turned to alcohol as an escape. Points out the symptoms as they develop in this case study and also suggests ways of obtaining help.	29 min	Span
258	A TIME FOR DECISION	Illustrates the tendency of compulsive drinkers in middle class families to deny their problems using this story of a young lawyer caught in a web of alcoholism. Until the admission is made that outside help is needed, he and his family are locked into a vicious cycle of alcoholism and reproach. Shows how his family finds help through public and private resources in the community.	29 min	Span

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259	EL VIAJE DEL ALCOHOL	Summary not available at this time.	48 min	Span
260	FARMACODEPENDENCIA: LA ENFERMEDAD	Covers the problem of addiction of several different addictive chemical substances. Describes the history of use of these substances, the symptoms of addiction and the phenomenon of denial.	75 min	Span
261	COCAINA: FASES DE ADDICION	Discusses the statistics of drug use and shows laboratory test results of the effects of cocaine. Outlines the phases of addiction and steps of treatment and recovery. Covers treatment phases and modalities.	45 min	Span
262	SENTIMIENTOS	Summary not available at this time	30 min	Span
263	FARMACODEPENDENCIA: UNA ENFERMEDAD FAMILIAR	Describes the family roles in a co-dependency home.	45 min	Span
264	COCAINA	Discusses the history of cocaine, symptoms of addiction and causes of death.	50 min	Span
265	OPIACEOS: QUIEN CONTROLA A QUIEN	Studies synthetic and natural narcotics.	50 min	Span
266	COMPLICACIONES MEDICAS DEL ALCOHOLISMO	Discusses the medical complications of alcohol.	55 min	Span
267	RECAIDA	Dr. Jofre analyzes the causes of relapse, with special emphasis on the Hispanic community.	30 min	Span
268	MARIGUANA Y EL ADOLESCENTE	Summary not available at this time.	50 min	Span
269	COMPLICACIONES MEDICAS DE NICOTINA, ALUCINOGENOS, INHALANTS, ESTIMULANTES, BARBITURICOS Y OTRAS DROGAS DE ADDICION	Summary not available at this time.	50 min	Span

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270	MARIGUANA: DROGA DE ADDICCION	Summary not available at this time.	40 min	Span
278	GUNS, GANGS, GRAFFITI	Visualizes the consequences of gang violence. Presents a picture of life on the streets through interviews gang members, victims and prosecutors.	30 min	Eng
279	MARKETING BOOZE TO BLACKS	Exposes the messages in alcohol ads and raises questions about the alcohol industry's support of civic groups. Encourages people to get together and take action to inform citizens, improve education and prevention programs, strengthen treatment opportunities and force the alcohol industry to change its marketing practices. (Discussion guide available)	17 min	Eng
280	RELAPSE PREVENTION	Examines the causes of relapse and suggests ways to prevent it. Analyzes the various causes of relapse: unexamined and unresolved issues from childhood, feelings of inadequacy and low self-esteem, and lack of good nutrition and exercise. Offers advice to reduce the likelihood of returning to drugs or alcohol.	25 min	Eng
284	THE POWER OF ADDICTION	Looks at what addiction is, who is prone to it and how they can overcome it. Includes behavioral and chemical addictions. Discusses biochemical, environmental and genetic factors as contributing factors. Discusses drug therapies and support groups as aids to recovery.	19 min	Eng
285	THE ADDICTED BRAIN	Tours the world's most prolific manufacturer and user of drugs - the human brain. Explains how the biochemistry of the brain is responsible for jogger's highs, the compulsion to seek thrills, certain kinds of obsessive-compulsive behavior, and the drive to achieve power and dominance. Explores the biochemistry of addiction and addictive behavior.	26 min	Eng
288	POWERLESSNESS	Presents the "why to's" and "how to's" for both the newcomer and the disillusioned recidivist, and stresses that the core concept of powerlessness is not an intellectual one but a spiritual one. Explains how facing this helps one to achieve and maintain sobriety with strength and comfort from one's own "Higher Power."	30 min	Eng

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289	TURNING IT OVER	Deals with the fears and doubts a person experiences when seeking recovery in the 12 step program. Explains how "turning it over" is a basic tenant of the 12 steps program and can result in inner peace and harmony for people in recovery once they've done so and surrendered to God.	31 min	Eng
290	WORKING THE STEPS: 1 to 7	Presents an explanation as to how each step works. Serves as a learning experience designed to take the confusion out of a recovering person's task on his/her journey to lasting recovery. Includes the steps as tools of spiritual growth and development and using a sponsor as a guide to working with the steps.	44 min	Eng
291	WORKING THE STEPS: 8 to 12	Focuses on the "how's" and "why's" of working the steps and the resulting knowledge and understanding for the patient or client. Discusses practical methods for making amends as well as the continuing recovery process which includes prayer, meditation, and the use of step 12 as a form of spiritual and ethical responsibility.	44 min	Eng
297	AIDS AND CHEMICAL DEPENDENCY	Describes AIDS and discusses why AIDS needs to be addressed in chemical dependency recovery. Stresses the reasons why chemically dependent people are at special risk for contracting the AIDS virus.	29 min	Eng
298	FALLING BACK: THE DRY DRUNK SYNDROME	Focuses on two recovering alcoholics and their struggle to remain sober. Provides information for identifying and preventing relapse. Stresses the need for recovering people to reach out and be helped by others.	25 min	Eng
	HOPE AND HELP FOR CHEMICALLY DEPENDENT DEAF PEOPLE AND THEIR FAMILIES	This series deals with chemical dependency issues and the hearing impaired. See 301A through 301E		
301A	HOPE AND HELP FOR CHEMICALLY DEPENDENT DEAF PEOPLE AND THEIR FAMILIES	Deals with special problems faced by chemically dependent hearing impaired people.	15 min	Eng

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301B	HOPE AND HELP FOR CHEMICALLY DEPENDENT DEAF PEOPLE AND THEIR FAMILIES	Continues with special problems.	13 min	Eng
301C	HOPE AND HELP FOR CHEMICALLY DEPENDENT DEAF PEOPLE AND THEIR FAMILIES	Discusses Alcoholics Anonymous as a support resource.	16 min	Eng
301D	HOPE AND HELP FOR CHEMICALLY DEPENDENT DEAF PEOPLE AND THEIR FAMILIES	Serves as a guide for hearing impaired people with a family member who is chemically dependent.	13 min	Eng
301E	HOPE AND HELP FOR CHEMICALLY DEPENDENT DEAF PEOPLE AND THEIR FAMILIES	Serves as a guide for counselors and treatment professionals who work with hearing impaired people.	29 min	Eng
311	FAMILY VIOLENCE IN AMERICA	Discusses the myths and beliefs which contribute to high levels of domestic violence and explores some individual and community solutions to this growing problem. Examines the connection between substance abuse and domestic violence and describes the "cycle of violence."	28 min	Eng
313	WALL OF DENIAL	Educates "hard to reach" individuals about the largest stumbling-block to recovery from addictive disorders: denial. Emphasizes the three phases of the denial process as it affects the addict's thinking, feelings, and behavior. Describes experiences of multicultural speakers who share in their own language to inform and inspire those with a drug/alcohol problem. Emphasizes reaching incarcerated individuals and the homeless.	47 min	Eng

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319A	COLOR ME CLEAN - BLACK WOMEN IN RECOVERY, PART I	Presents the stories of four black women who retell and relive their experiences with drug addictions. Relates to all women in recovery through this candid and compelling program.	28 min	Eng
319B	COLOR ME CLEAN - BLACK WOMEN IN RECOVERY, PART II	Presents the stories of four black women who retell and relive their experiences with drug addiction. Relates to all women in recovery through this candid and compelling program.	28 min	Eng
320	DRUGS, DRINKING AND DRIVING	Explains that all drugs impair the ability to drive safely long before one feels drunk, high, or drowsy. Shows driving reaction tests of people subjected to measured doses of alcohol and marijuana, and cautions against taking any drugs before driving. Describes some of the recent hardline penalties including mandatory prison terms for driving while intoxicated.	15 min	Span
321	ALCOHOL ABUSE: EARLY WARNING SIGNS	Dramatizes ten signs that may indicate a developing dependency on alcohol to show potential victims, their family and friends the rationales used to avoid admitting the problem. Hopes to develop an awareness and encourage them to seek help before it is too late. Narrated by Henry Fonda.	21 min	Span
324	IT'S ONLY BEER	Identifies alcohol as a substance of abuse and examines how it affects behavior, judgement and performance. Discusses drinking-related problems, presenting a strong anti-use message. Uses teenage co-hosts and mimes to show how beer can affect the individual and demonstrates some effective refusal tactics. (Discussion guide available)	14 min	Span
325	NO ES NADA MAS QUE CERVEZA	Exposes some of the popular myths about drinking beer. Presents valuable information and examples of refusal skills. Reveals just how effective and persuasive advertising is with candid "kid-on-the-street" interviews. Offers a strong anti-use message for young viewers and positive alternatives to drinking. (Discussion guide available)	16 min	Span

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326	DESIGNER DRUGS AND HUMAN PHYSIOLOGY: PCP, ECSTASY, FENTANYL	Describes PCP, Ecstasy, and Fentanyl as concentrated synthetics illegally formulated in clandestine laboratories for enormous profit. Shows the physiological effects of introducing toxic ingredients into the bloodstream to be devastating to the body's cardiovascular and neurological systems. Reveals to users and potential users the tremendous personal dangers posed by these laboratory compounds.	19 min	Eng
327	DESIGNER DRUGS AND HUMAN PHYSIOLOGY: PCP, ECSTASY, FENTANYL	Describes PCP, Ecstasy, and Fentanyl as concentrated synthetics illegally formulated in clandestine laboratories for enormous profit. Shows the physiological effects of introducing toxic ingredients into the bloodstream to be devastating to the body's cardiovascular and neurological systems. Reveals to users and potential users the tremendous personal dangers posed by these laboratory compounds.	19 min	Span
328	AIDS: EVERYTHING YOU SHOULD KNOW	Helps teenagers take seriously their responsibilities to avoid exposure to the deadly AIDS virus. In keeping with the recommendation and guidelines of state and local school districts and the Centers for Disease Control, this program teaches that sexual abstinence is the primary method of AIDS prevention. Answers basic questions: What is AIDS? How do people get AIDS? How can people avoid being exposed to AIDS? Also dispels myths about the disease.	20 min	Eng
329	AIDS: EVERYTHING YOU SHOULD KNOW	Helps teenagers take seriously their responsibilities to avoid exposure to the deadly AIDS virus. In keeping with the recommendation and guidelines of state and local school districts and the Centers for Disease Control, this program teaches that sexual abstinence is the primary method of AIDS prevention. Answers basic questions: What is AIDS? How do people get AIDS? How can people avoid being exposed to AIDS? Also dispels myths about the disease.	20 min	Span
335	IT SURE BEATS SITTING IN A CELL	Features men and women who were in prison as a result of their alcohol and drug use. Interviews former inmates who explain how they were helped by joining AA and what they did when they got out of prison so they would stay out. This video is AA conference approved literature.	16 min	Eng

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336	IT SURE BEATS SITTING IN A CELL	Features men and women who were in prison as a result of their alcohol and drug use. Interviews former inmates who explain how they were helped by joining AA and what they did when they got out of prison so they would stay out. This video is AA conference approved literature.	16 min	Span
338	CHEMICAL DEPENDENCY: A DISEASE OF DENIAL	Explains the disease concept of Chemical Dependency: as with other diseases it is an "involuntary disability" but it is the responsibility of the individual for recovery. Explores the genetic, psychological and environmental factors of chemical addiction. Provides insight into the phenomenon of denial and the purpose of step one in the 12 steps through personal stories.	20 min	Eng
339	THE NATURE OF DRUG DEPENDENCY	Describes the characteristics of chemical dependency. Discusses the loss of control and the nature of addiction urges.	33 min	Eng
340	CARING FOR OURSELVES: HOPE AND HEALTHY RELATIONSHIPS	Features Melody Beattie talking about the issue of codependency. Addresses enabling, controlling, rescuing and care taking behavior. Uses personal stories to identify codependent behaviors and provides ways to overcome obstacles to recovery.	50 min	Eng
344	THE CAT WHO DRANK AND USED TOO MUCH	Explains the addiction process. Deals with addiction in a non-threatening manner and is appropriate for any audience.	12 min	Span
345	ALCOHOL: QUIEN CONTROLA A QUIEN (ALCOHOL: WHO CONTROLS WHOM)	Provides an in depth analysis of the disease of alcoholism. Covers the physical and psychological effects alcohol has on the individual. Focuses on the loss of control the drinker experiences over his or her drinking.	60 min	Span
346	ADVERTISING ALCOHOL: CALLING THE SHOTS, SECOND EDITION	Examines the images used by advertisers to sell alcohol. Presents information based on the lectures, slide presentations and research of Jean Kilbourne, nationally known media analyst and educator, who has spent many years studying the advertising and alcohol industries. Presents a detailed vision and conceptual analysis of why this advertising does much more than simply tell us what we can buy. Demonstrates how some advertising deliberately disguises the warning signs of problem drinking and falsely links alcohol with precisely those qualities: happiness, success, sexual fulfillment, prestige, athletic ability, creativity - that the abuse of alcohol diminishes and destroys.	34 min	Eng

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347	AIDS-WISE, NO LIES	Shares the thoughts, feelings and experiences of ten young people affected by AIDS and encourages other teens to recognize their risk and take responsibility for their actions. Breaks through young adults' feelings of invulnerability to influence behavior. (Discussion guide available)	22 min	Eng
348	DRUG BABIES	Captures the dilemma presented by babies being born with serious problems resulting from the drug use of their mothers during pregnancy. Presents interviews with a wide variety of people involved with drug babies, including doctors, mothers and foster care specialists. Emphasizes the damage caused by drug use, the need for early intervention, the difficulties of working with these children, and the need for seeing the mothers as something other than intentional abusers.	30 min	Eng
349	DRUG BABIES	Captures the dilemma presented by babies being born with serious problems resulting from the drug use of their mothers during pregnancy. Presents interviews with a wide variety of people involved with drug babies, including doctors, mothers and foster care specialists. Emphasizes the damage caused by drug use, the need for early intervention, the difficulties of working with these children, and the need for seeing the mothers as something other than intentional abusers.	30 min	Span
350	OJOS QUE NO VEN.....	Demonstrates the impact of AIDS on Latinos. Follows a family as they deal with the issue of AIDS, homosexuality, casual sex, and drug use, learn how they are at risk, and what they can do.	28 min	Span
357	FRIDAY NIGHT: FIVE	Provides information to help identify individuals who are or may become chemically dependent. Presents the behavioral symptoms of early and middle stage chemical dependency in a succinct, dramatic manner, making this an ideal film for the treatment setting. Good for driver's education and DUI programs.	27 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
369	ICE: NEW DRUG, NEW PROBLEM	Identifies ice as an expensive form of purified methamphetamine with effects that last longer than crack with a more serious and prolonged withdrawal. Uses dramatization, documentary footage, and interviews with experts and recovering addicts to explore all aspects of this drug: its history, how it's used on the streets, manufacturing hazards, psychological and physiological effects, cost comparisons with other drugs, pre-and -post-natal effects on the children of pregnant users, and the sociological implications of its use.	30 min	Eng
370	STEP FOUR: GETTING HONEST	Explains the Fourth Step process using first hand accounts by other recovering addicts. Begins by exploring why it's necessary to do a moral/personal inventory. Delivers practical peer advice on how to do an inventory and learns how to avoid the pitfalls that prevent some people from proceeding with the Fourth Step.	30 min	Eng
376	WHY ARE YOU SO ANGRY?	Discusses the connection of anger and violence to substance abuse and other compulsive/obsessive behaviors. Lists causes of anger and discusses how life experiences and culture impact our behavior. Strategies for managing anger are suggested and discussed.	33 min	Eng
381	I LIKE BEING ME: SELF-ESTEEM	Makes students aware of the impact their self-esteem has on their ability to behave in their own best interest. Shows them where this sense of self worth comes from, how it is fostered by positive feelings, and how it is forged in small steps that lead from one success to another. Encourages students to open themselves to the possibility of change, suggests helpful ways to begin. (Teacher's guide included)	26 min	Eng
382	I LIKE BEING ME: SELF-ESTEEM	Makes students aware of the impact their self-esteem has on their ability to behave in their own best interest. Shows them where this sense of self worth comes from, how it is fostered by positive feelings, and how it is forged in small steps that lead from one success to another. Encourages students to open themselves to the possibility of change, suggests helpful ways to begin. (Teacher's guide included)	26 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
383	I BLEW IT! LEARNING FROM FAILURE	Shows students how to turn failure around and use what they learn from it to achieve success. Uses a step-by-step process to help them re-evaluate goals and replace feelings of helplessness with a sense of control over their lives. (Teacher's guide available)	24 min	Span
384	I BLEW IT! LEARNING FROM FAILURE (Open-Captioned)	Shows students how to turn failure around and use what they learn from it to achieve success. Uses a step-by-step process to help them re-evaluate goals and replace feelings of helplessness with a sense of control over their lives. (Teacher's guide available)	24 min	Eng
385	I LIVE IN AN ALCOHOLIC FAMILY	Uses stories to explore how three teenagers learn to cope with the reality of having an alcoholic parent. Sends the message to students in similar situations the 3 C's of AlAnon - they didn't cause it and can't control it or cure it. (Teacher's guide available)	35 min	Span
386	I LIVE IN AN ALCOHOLIC FAMILY (Open-Captioned)	Uses stories to explore how three teenagers learn to cope with the reality of having an alcoholic parent. Sends the message to students in similar situations the 3 C's of AlAnon - they didn't cause it and can't control it or cure it. (Teacher's guide available)	35 min	Eng
387	CHALK TALK ON ALCOHOL	Father Martin outlines the scope of the alcohol problem and the factors influencing attitudes and behaviors with respect to alcohol and alcoholism.	67 min	Span
391	VIDA	Illustrates the powerful role women can play in supporting each other's changes in sexual behavior and attitudes towards people with AIDS. Presents the story of a single Latina mother who struggles with her apprehension about contracting AIDS and her fear of losing her new partner. Provides women with realistic models for talking about safer sex among themselves and with their partners. (Discussion guide available)	20 min	Span

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395	STDs	Presents two stories: Story 1- Molly's problem with a young woman learning that she has a sexually transmitted disease. Discusses the signs and symptoms, the prevention and cures for most of the common STDs, including AIDS. Story 2 - Fred's dilemma focuses on the social and emotional side of STDs. The young man realizes that he needs to inform his partners of his disease and that each of them may have to inform others. Discusses the moral and ethical dilemmas faced by teens with STDs. (Discussion guide available)	30 min	Eng
399	FOOD FOR RECOVERY	Explains that drug abuse in all forms, especially alcohol, cocaine and methamphetamine abuse, causes significant nutritional and medical problems. While stimulating electrical currents, the use of alcohol and other drugs, such as amphetamines or cocaine, leads to a rapid depletion of many vital brain chemicals. Discusses the importance of healthy nutrition in the recovery process. Discusses in detail, the foods that are beneficial to recovering people, foods that work to restore brain chemistry that has been depleted through alcohol and drug use, and those foods which should be avoided because of their adverse effect on recovering people. Explains why many people feel tired and sluggish at times when they most need to be alert and focused, and why "when you eat what you eat" is a factor.	36 min	Eng
402	VIOLENCE IN THE HOME: LIVING IN FEAR	Explains that all relationships experience periods of tension, but in some relationships, tension leads to a vicious cycle of emotional and physical abuse. Emphasizes that: a) the cycle of violence can only be broken with outside intervention, b) more than 50% of reported cases of spousal abuse also involve child abuse, c) the purpose of arrest is not to keep offenders behind bars, but to force them to seek professional help, and d) therapy is an essential part of the recovery process. Emphasizes early intervention, a woman's right to protect herself, and the necessity and difficulty of treatment which makes this a good choice for a general overview of domestic violence.	30 min	Eng

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405	ALCOHOL AND PREGNANCY: FETAL ALCOHOL SYNDROME AND FETAL ALCOHOL EFFECTS (FAS & FAE)	Shows how alcohol adversely effects the developing fetus and points out critical periods during pregnancy when the fetus is most vulnerable. Presents a look at the daily struggles of an FAS/FAE child and his parents or caregivers through candid interviews. Creates a developmental overview of FAS/FAE in understandable language through the interviews which feature a diverse group of children, teenagers, biological parents and foster parents. Delivers a strong preventive message underscoring the life-long physical, behavioral, and central nervous system impact of FAS. Describes FAE as a more subtle, though still serious, problem for the child and his family/community.	20 min	Eng
409	LEARNING TO BE ASSERTIVE: BASIC SKILLS	Dramatizes a number of situations typical of problems adolescents and teenagers face with peers, siblings, and parents. Teaches assertive skills that will help young people develop self-confidence and build self-esteem, and prepare them for accepting their responsibility for their actions so they can't be manipulated by others.	27 min	Span
410	LEARNING TO BE ASSERTIVE: ADVANCED SKILLS	Shows young people how to turn difficult situations into positive experiences. Reviews basic assertive skills. Shows teenagers how to use one or more of these skills to handle important issues such as defending their right to privacy, taking responsibility for irresponsible behavior, refusing to drive with someone who has been drinking, and how to negotiate workable compromises, stressing that differences of opinion don't have to lead to violence.	21 min	Span
411	DRUG PROFILES: THE PHYSICAL AND MENTAL ASPECTS	Provides information on the physical effects of drugs and how they can effect a persons performance. Discusses ten drugs of abuse are discussed: cocaine, heroin, methaqualone, alcohol, marijuana, barbiturates, amphetamines, tranquilizers, PCP and LSD. Designed for use in training supervisors and managers in the workplace.	28 min	Eng
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414	SEXUALLY TRANSMITTED DISEASES: STRAIGHT TALK	Offers information about sexually transmitted diseases (STDs): what they are, how they are contracted, their signs and symptoms, their short and long-term effects, and how to treat them. Caution: this video contains graphic depictions of male and female genitals.	13 min	Eng
415	LOADED WEAPON, A STORY ABOUT DRINKING AND DRIVING	Strives to break through to teenagers who believe drinking and driving crashes and fatalities can't happen to them. Illustrates the devastation that occurs from drunk driving, the extraordinary sense of loss that the surviving family feels, and the bleak future a teen convicted of drunk driving faces.	22 min	Eng
420	AFFIRMATIONS FOR SELF ESTEEM	Discusses the power of positive affirmations to raise self-esteem in the recovery process. States that a solid foundation of recovery involves changing internal images from negative, self-defeating messages of the past into a positive, healthy new thought process. Explains that how we see ourselves is vital in any recovery program and that learning to use daily affirmations develops self-esteem and confidence.	23 min	Eng
421	THE JOURNEY	Discusses the first steps in breaking generational patterns of abuse, neglect, abandonment, chemical addiction, and conditional love. Highlights several families and individuals who have begun their own journey and who share their personal experiences, and offer hope to those who are working to break unhealthy generational patterns.	31 min	Eng
425	MARKETING DISEASE TO HISPANICS: THE SELLING OF ALCOHOL & TOBACCO	Examines the persuasive influence of the alcohol and tobacco industries in the Latino community and the devastating effects alcohol and tobacco are having on their lives. Exposes the industries' marketing strategies and how these disease promoting corporations are trying to influence Latino community leaders and the media to reach the Latino market. Serves as an excellent resource for schools, alcohol and drug treatment programs, and other programs where alcohol and tobacco problems are priority, and where there is a concern with increased risks posed by the aggressive targeted promotion and marketing of these products. (Discussion guide available)	16 min	Eng

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426	DRINK SELLS THE DREAM	Examines how alcohol is presented and promoted in our society, especially marketing practices directed at high-risk populations including college students, African Americans, Hispanics, women, heavy drinkers and youth. Explores the promotion of alcohol through sports, cultural events, billboards and advertising, and highlights what communities have done - and can do in the future - to foster safer and healthier attitudes toward alcohol use.	16 min	Eng
428	RESPECT YOURSELF: BUILDING SELF ESTEEM	Offers exercises to help a person build one's self-image. Follows three people as they explore the road to changing their lives through changing behavior patterns. Suggest six steps as a way to improve one's self respect.	19 min	Eng
430	PSYCHEDELICS: THE BAD TRIP	Discusses the evolution of psychedelics in society and the physical and psychological effects. Provides testimonies by former users talking about their experiences. Lists the different drugs in the category of psychedelics and so-called designer drugs as well as their characteristics, forms of administration and effects.	26 min	Eng
431	STRAIGHT FROM THE HEART	Contains stories of recovering women with children. Discusses their history of substance abuse and how it affected their lives and relationships, how their addiction started, how things progressed from bad to worse and their eventual pursuit of recovery.	27 min	Eng
439	A BETTER WAY: EMOTIONAL CHILD ABUSE PREVENTION	Shows parents how to improve relationships with children by offering a better way to respond to negative situations. Uses dramatization, role-play, and group discussions teach parents to be more realistic about expectations and more understanding and supportive about behavior. Provides alternatives to habitual sarcasm, ridicule, and harsh reprimands that can cause severe emotional harm.	24 min	Eng

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443	SLIPPING INTO THE DARKNESS	Presents stories of relapse and the resultant destruction by addicts who have experienced them firsthand, and have struggled back into recovery. Discusses drug counselors' experiences working with addicts and alcoholics who have relapsed, the subtle, often unnoticed symptoms, and the denial associated with the relapse process.	17 min	Eng
447A	EL CORAZON DEL NINO ES TIerno DOBLADO EN ESPANOL	Shows parents how to improve relationships with children by offering a better way to respond to negative situations. Uses dramatization, role-play and group discussions to teach parents to be more realistic about expectations and more understanding and supportive about behavior. Provides alternatives to habitual sarcasm, ridicule, and harsh reprimands that can cause severe emotional harm.	29 min	Span
447B	SOFT IS THE HEART OF A CHILD	Discusses peer pressure as it relates to alcohol and drug use in the young person and the problem environment it can create for the newly recovering.	30 min	Span

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448	SELLING ADDICTION	This video is the central component to a ready-to-use workshop kit designed for use in community centers, parents or youth programs, church/synagogue groups or addiction counseling. Points out how the media preaches "just say no" to illegal drugs while depending heavily on cigarette and alcohol advertising for profits. These ads are expensively produced and creatively designed, and they don't just sell a commercial product, they also sell an addictive lifestyle. Provides a step-by-step process to help uncover the myths behind cigarette and alcohol ads, explores how ads target young people and minorities, identifies how they alter reality and appeal to our deepest human needs, and offers strategies for breaking the media/addiction link at home and in your community.	18 min	Eng
	METHAMPHETAMINES: Haight-Ashbury Training Series	This series consists of three tapes. The first two are for professional personnel and the third is for the client.		
449A	PHARMACOLOGY AND PHYSIOLOGY	Contains segments on the history, pharmacology, effects, and use of other drugs in relationship to amphetamines and describes the newest methamphetamine phenomenon, "ICE". (Study guide available)	60 min	Eng
449B	TREATMENT & RECOVERY	Explores the process of detoxification, initial abstinence, sobriety and recovery. Examines the problems of drug hunger and shows how to engage a patient in recovery. (Study guide available)	60 min	Eng
449C	PATIENT MODULE	Condenses the information from tapes one and two on history, pharmacology, effects, detoxification, initial abstinence, sobriety, recovery, and includes personal narrative. (Study guide available)	60 min	Eng

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452	ISSUES IN RECOVERY SERIES	This series consists of four videos with a focus on women and recovery.		
452A	FOCUS ON WOMEN: CHILDHOOD LEGACY	Discusses specific factors in a woman's past, especially the influence of the childhood environment and the relationship with parents. Explains how these factors can affect her emotional status and make it difficult for her to function effectively in adult relationships. Includes issues such as being placed in adult roles as children, sexual abuse, and family and societal factors which make it difficult to identify and express feelings. (Discussion guide available)	30 min	Eng
452B	FOCUS ON WOMEN: RELUCTANT HEIRESS	Also discusses the powerful influence of the family contributing to problems in a woman's adult life. Emphasizes current adult behavior; specific behaviors include being other-centered, having a negative body image, relationship addiction and depression. (Discussion guide available)	28 min	Eng
452C	ACHIEVING INTIMACY: OVERCOMING CO-DEPENDENCY, PART I	Defines and illustrates the struggle for intimacy within the recovery process. Combines personal accounts from a recovering couple and lecture to help viewers understand the intimate dimensions of relationships in recovery. (Discussion guide available)	38 min	Eng
452D	ACHIEVING INTIMACY: OVERCOMING CO-DEPENDENCY, PART II	Continues the discussion of intimacy within the recovery process begun in part 1. Emphasizes the nature and positive value of intimacy, and illustrates its impact on psychosocial well-being through the personal accounts of a second recovering couple. (Discussion guide available)	25 min	Eng
453	FATHERS, SONS AND TRUST	Addresses men grappling with the issues of father-son relationships. Shows how dysfunctional, shaming, absent and abusive fathers create continuing difficulties and crises of trust for their sons. Discusses the havoc caused by such fathers in terms of the sons' perceptions of themselves. (Discussion guide available)	37 min	Eng
457	STEP ONE: THE FOUNDATION OF RECOVERY	Utilizes personal stories of recovering addicts to help clients recognize the role that pride, shame, denial and egotism play in preventing acceptance of powerlessness over alcohol and other drugs. Testimonies help the the audience understand what is meant by "unmanageability," "hitting bottom," and "humility." Uses men and women of different economic, social and ethnic backgrounds, and ages.	30 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
461	MARIJUANA UPDATE	Interviews five former users who discuss how they were introduced to the drug, how they initially believed that it was harmless, and the dangers of using it. Presents the common indications of marijuana use, as well as the physical hazards of using this drug.	22 min	Eng
462	ECSTASY: THE AGONY	Discusses how MDMA, or Ecstasy, has become another drug of popularity. Describes how, unlike cocaine, its effects are long lasting. Interviews a psychologist who works with recovering addicts and who discusses how easy it is to overdose on the drug, and its potential to cause long-term physical and psychological effects. Describes the side-effects of Ecstasy, including anxiety, depression, paranoia, and nausea.	17 min	Eng
463	HEROIN: BLACK TAR MAGIC, CHINA WHITE DEATH	Depicts the struggles of recovering addicts who share about their heroin addiction, the difficulties of breaking the addiction, and how they finally managed to break free from the power of heroin. Defines the addictions, the physical dangers of heroin abuse, and the continued availability of the drug.	23 min	Eng
464	OVER THE COUNTER DRUGS (OTC): ADDICTION WITHIN REACH OF THE MEDICINE CABINET	Presents the dangers of over the counter drug abuse. Discusses various remedies, including the effects of certain legal, but potentially lethal, ingredients. Educational and helpful to anyone concerned about the medications they put into their body and especially helpful for people recovering from chemical dependencies.	15 min	Eng
465	POCA COSA (A LITTLE THING)	Educates Latino families about the causes, legal actions and possible solutions for child abuse, and provides valuable cultural information for social service, health and education professionals who serve Latino families. (Spanish with English subtitles)	30 min	Span
466	VIOLENCE PREVENTION: INSIDE OUT	Explores the subject of violence - how it starts, how it affects us, and how to prevent it at home, at school, and in the community. Interviews with youth in juvenile detention centers, treatment programs, in schools and on the streets which offers a view of the cycle of violence as it manifests itself in a variety of situations - domestic, sexual, gang-related, and institutional.	45 min	Eng

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469	ALCOHOL AND PREGNANCY: FETAL ALCOHOL SYNDROME AND FETAL ALCOHOL EFFECTS (FAS & FAE)	Shows how alcohol adversely effects the developing fetus and points out critical periods during pregnancy when the fetus is most vulnerable. Presents a look at the daily struggles of an FAS/FAE child and his parents or caregivers through candid interviews. Creates a developmental overview of FAS/FAE in understandable language through the interviews which feature a diverse group of children, teenagers, biological parents and foster parents. Delivers a strong preventive message underscoring the life-long physical, behavioral, and central nervous system impact of FAS. Describes FAE as a more subtle, though still serious, problem for the child and his family/community.	20 min	Eng
475	INHALANTS AND HUMAN PHYSIOLOGY	Details the effects inhalants have on the human body and mind: unlike drugs that are ingested, inhalants go directly to the bloodstream, brain and heart, bypassing the filtering functions of the stomach and liver; consequently, inhalants are much more damaging to the body than most other substances, and the consequences of this form of substance abuse more severe.	13 min	Span
478	ANGER	Explores how anger is activated, expressed, handled, or not handled with some surprising findings. Examines the troubled relationship of a young married couple whose anger affects their child. Looks at a 14-year old delinquent and his mother who discuss violence in their relationship. Describes how children are affected by the behavior of adults, the transmittal of anger and violence from one generation to the next, and the bodily responses to anger.	15 min	Eng

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481	PADRES ACTIVOS (ACTIVE PARENTING)	<p>Contains parenting education curriculum presented in 6 sessions, each approx. 15 min. Includes facilitators discussion guide.</p> <p>Session 1 - El Padre Eficaz/Active Parenting explores the concepts of: parenting styles, what kind of children do we want to raise? Freedom within limits, and family enrichment activities.</p> <p>Session 2 - Entendiendo a su niño/Understanding Your Child discusses: The ABC's of behavior, the four goals of misbehavior, parenting & anger, and how self-esteem is developed.</p> <p>Session 3 - Valor/Instilling Courage discusses: avoiding discouragement, four methods of encouragement, and the encouragement circle exercise.</p> <p>Session 4 - Cooperación/Winning Cooperation discusses: avoiding communication blocks, active communications, listening for feelings, and expressing love.</p> <p>Session 5 - Responsabilidad/Developing Responsibility discusses: who owns the problems? "I" messages, natural & logical consequences, and mutual respect.</p> <p>Session 6 - La Familia Eficaz/The Democratic Family in Action discusses: family council meetings, handling group problems, emphasizing the family unit, and raising a "we" generation.</p>	95 min	Span
482	DOMESTIC VIOLENCE: VOICES FROM WITHIN	<p>Explores the relationships that support domestic violence and sheds light on this growing social issue. Presents people grappling with multiple issues including not only parenting skills and gender roles but the fundamental ways in which we interact with the world. Makes clear that many women are reluctant to seek help. Explains how the idea that they are responsible is impressed on them not only by the abuser but also often by the legal system. An excellent introduction to domestic violence for law enforcement professionals, judges and lawyers, as well as social workers and health care providers.</p>	27 min	Eng
486	LA ESPERANZA DEL VALLE (EPISODES 1-6)	<p>This six-part series is designed for Latino youth and covers many aspects of family life dealing with the problems and consequences brought about by alcohol and drug use. Confronts issues such as adult and teenage alcohol problems, teenage pregnancy, and pesticide exposure in the migrant communities. Although this video is produced in English and does not have subtitles, it is culturally relevant and produced by and for Latinos. (Discussion guide available)</p>	13 min	Eng

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491	DRUG FREE ZONES	Designed to help communitiy organizers take action against drug dealing and alcohol-related problems in their schools, parks, and housing developments. Offers practical solutions and proven methods for neighborhood residents who want to take back their community.	27 min	Span
493	AIDS AND YOUR WORLD	Presents the stories of 9 people who speak candidly about their infection with HIV and AIDS. Discusses how it has influenced their lives and how they have learned to draw the line to make healthy choices. Talks about how these young HIV+ men and women, while in their teens or twenty something, never thought HIV and AIDS would be a part of their world.	25 min	Eng
498	DEPRESSION AND ANGER	Discusses how depression and anger are often methods used to cope with the world and how these survival methods can interfere with relationships and recovery. Suggests strategies for dealing with people, places and things that provoke reactive anger or depression.	20 min	Eng
499	UNDERSTANDING DEPRESSION AND ADDICTION	Discusses how depressive disorders are among often methods used to cope with the world and how these survival methods can interfere with relationships and recovery. Suggests strategies for dealing with people, places and things that provoke reactive anger or depression.	20 min	Eng
500	BUILDING TRUST	Discusses how, in early recovery, there are many challenges related to staying clean and sober - including dealing with a child's needs and feelings. Addresses ways to balance recovery needs with those of family. Suggests ways for dealing with past feelings of anger, resentment, and mistrust related to substance abuse.	16 min	Eng
501	CHILDREN OF DENIAL	Presents survival techniques practiced by children and adolescents of alcoholics that can cause problems in adulthood: depression, inability to maintain intimate relationship, marrying alcoholics and becoming alcoholics. Explains the process of what happens and what can be done to prevent and handle these problems.	28 min	Eng
502	HANDLING ANGER	Explains how parents deal with their anger and that of their children is important to rebuild a good relationship with children. Shows how to manage anger without taking it out on children. Demonstrates how to handle a child's anger and to prevent angry exchange before they happen.	15 min	Eng

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503A	GOIN' HOME TO STAY! (TAPE 1)	Interviews inmates from Big Muddy Correctional Center in Ina, Illinois about going home and most importantly, staying there, once they get there. Addresses lifestyle, value systems and hidden anger in a straight forward manner. Discusses sobriety as a way of life and changing the way you do business in the world.	50 min	Eng
503B	GOIN' HOME TO STAY! (TAPE 2)	Interviews inmates from Big Muddy Correctional Center in Ina, Illinois about going home and most importantly, staying there, once they get there. Addresses lifestyle, value systems and hidden anger in a straight forward manner. Discusses sobriety as a way of life and changing the way you do business in the world.	40 min	Eng
504	KEVIN'S STORY II	Follows Kevin as he revisits a school where he spoke before. Presents a powerful and thought-provoking presentation about the causes and negative effects of teenage drinking. Discusses denial, children of alcoholics, effects of advertising, peer pressure, and effective refusal skills.	26 min	Eng
505	ANGER MANAGEMENT FOR PARENTS	Discusses how although anger is an universal emotion, many people have difficulty expressing feelings of anger and dealing with them constructively. Offers a step-by-step approach to help parents understand and manage their anger. Includes information and materials to conduct a workshop in anger management skills for parents. (Discussion guide available)	25 min	Eng
506A	LIVING IN A VIOLENT RELATIONSHIP	Addresses topics of concern such as the types of abuse, the cycle of violence, myth vs. facts, and the psychological profile of a victim. Discusses the psychology of a batterer and alternatives to violence.	76 min	Eng
506B	LIVING IN A VIOLENT RELATIONSHIP	Addresses topics of concern such as the types of abuse, the cycle of violence, myth vs. facts, and the psychological profile of a victim. Discusses the psychology of a batterer and alternatives to violence.	76 min	Eng
507	BREAKING THE SILENCE	Discusses medical assessment, screening the victim, interacting with the perpetrator, and barriers to the identification process. Covers other topics including the latest reporting requirements, multicultural issues, domestic violence among gays and lesbians, and intervention through community resources.	81 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
508	DOMESTIC VIOLENCE AND YOUNG ADULTS	Explores the dimensions and the antidotes to this epidemic affecting America's youth. Looks at the components of dating violence, from physical attacks to mental and emotional abuse. Explores warning signs to look for in an abuser and provides suggestions for the viewer on how to protect themselves.	23 min	Span
509	PREVENTION WORKS: HOW TO MAKE IT WORK IN YOUR COMMUNITY	Provides a clear overview of the need for prevention and takes viewers around the country to experience the impact of successful programs. Can be used to demonstrate for policy makers or potential funders why prevention efforts should be supported.	42 min	Eng
510	VIOLENCIA DOMESTICA Y LOS HOMBRES	Shows several men dealing with their lifelong patterns of violent behavior. Shows, as the men attend group counseling, that power and control are the roots of domestic violence, and that abuse comes in various forms.	19 min	Span
511	VIOLENCIA DOMESTICA Y LOS NIÑOS	Examines how to recognize children suffering from the devastating effects of domestic violence. Shows various mothers learning to understand and cope with domestic violence and the effect it has on their children.	16 min	Span
512	VIOLENCIA DOMESTICA Y ABUSO SUBSTANCIAL	Covers different forms of emotional and sexual violence. Provides specific examples of how the cycle of domestic violence and co-dependency can be broken by recognizing that these are learned behaviors that can be changed.	23 min	Span
513	VIOLENCIA DOMESTICA Y LOS MUJERES	Tells the story of Olivia, and how she took action to protect herself and her son from domestic violence. Presents the characteristics of an abuser, and the steps that women should take to get themselves to a safe house.	16 min	Span
514	CONSIDERING CONDOMS	Follows two young adults as they lead a diverse group of high school students in a discussion of sexual pressures and risks, condoms and making responsible sexual decisions. Moving from information to action, teen characters model refusal and negotiation skills. Demonstrates how to buy, store, use, remove and dispose of condoms.	15 min	Eng
515	INFLUENCES: INNOCENCE BETRAYED	Explores the devastating impact on society of a growing population of children and adolescents permanently disabled by prenatal substance abuse. Follows children and their guardian as they attempt to cope with baffling learning and behavioral disabilities.	24 min	Span

NUMBER	TITLE	DESCRIPTION	TIME	LANG
516	RAINBOW WAR	Academy Award Nominee for best live action short story. Features three kingdoms, one blue, one red and one yellow waging a colorful battle for supremacy. Paint buckets, brushes, and rollers are the weapons in the slapstick struggle, a splashy confrontation that results in the world's first rainbow and new friendship among the warring nations.	20 min	Eng
517	I THINK I WAS AN ALCOHOLIC	Animated pen and ink drawing, striking in its humor and simplicity, belie the pain and the irony bubbling beneath the surface of this funny man. Highlights what it was like, what happened and what it's like now on his journey from hopeless alcoholism through recovery.	5 min	Eng
518	DATE RAPE: IT HAPPENED TO ME	Investigates date rape from the point of view of students, researchers, advisors, law enforcement officials, and date rape survivors.	30 min	Eng
519	DOWN FOR THE HOOD	Looks at the lives of four former gang members who were shot and permanently injured by street gang violence. Presents an unflinching look at the long term consequences of violence for those who live through it.	31 min	Eng
520	THE WINNING CHOICE	Just say "no" to drugs! Just say "yes" to life! That's the message the Los Lakers have for young people in this upbeat, exuberant video. Team members talk with teenagers about issues relating to substance abuse.	33 min	Eng
521	THE GREY AREA: HIS DATE/HER RAPE	Developed especially for deaf audiences. Explores a date or an encounter with a casual acquaintance can lead to and become rape. Uses deaf actors and using American Sign Language (ASL) to portray two high school students in a study session which leads to an acquaintance rape, and two college students on a date which leads to date rape. Teaches both female and male viewers important strategies to avoid unwanted sexual involvement.	30 min	Eng
522	POSITIVE PARENTING	This video-based parent education curriculum focuses on alternatives to physical punishment in the discipline of children. Includes six lesson units, each consisting of a video (about 10 minutes), a teacher/leader guide, discussion aids, and a reference list. Lesson topics include: Physical punishment, Limits, Consequences, Listening, Anger, and Changing Behaviors.	48 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
523	PEOPLE LIKE US	Interviews attractive young people who are HIV infected. Most are heterosexual, and all were infected through sexual behavior. To make it easier for students to identify with the interviewees, the people in the video are established as being similar to the most high school and college students, previously had negative attitudes towards HIV prevention and believed they were invulnerable to HIV.	31 min	Eng
524	CONSCIENCE	Deals with supermarket clerk's duties and responsibilities in checking customer ID's when selling alcohol. Outlines the market's duties in surveying the areas outside the market.	11 min	Eng
525	NEIGHBORHOOD BAR	Outlines responsible beverage service practices and preventing drug activity in the neighborhood bar setting. Details how the bartender/waitress must check customer ID and how to recognize fake or false ID's.	15 min	Eng
526	CHILDREN OF THE MAHANT DORAI	Written by a group of Cambodian children and young adults. Tells how alcohol abuse threatens to destroy a family that is struggling to deal with the past while they try to adjust to their new life in a new land.	41 min	Cambod
527	IF YOU CHANGE YOUR MIND	Centers around four former drug users sharing their entrance into the drug lifestyle and where it eventually lead them. Explores the medical aspects of cocaine on the brain and body, and defines abuse, addiction, experimentation and casual drug use.	32 min	Eng
528	COCAINE/CRACK: A TEENAGER'S STORY	Presents students with facts about cocaine. Deglamorizes drug use and lets students see for themselves how cocaine/crack can wreck lives.	28 min	Eng
529	THE ART OF COMMUNICATION	Allows for practice in coping with some typical issues and to develop skills needed to resolve parent/child conflicts. Provides background support for the parental role of being an emotional anchor for the child.	29 min	Eng
530	BLENDED FAMILIES (YOURS, MINE, AND OURS)	Familiarizes viewers with the most common issues that confront the contemporary blended family. Dispels the most common myths surrounding step family living and provides practical solutions in which to practice viable alternatives to typical problems.	29 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
531	MAIN LINE	No summary available at this time.	16 min	Span
532	DEFENDIENDO NUESTRAS VIDAS	Describes domestic violence and presents statistics that paint a vivid picture of the devastating physical, mental and emotional impact of domestic violence, especially on the survivors. Reviews how society deals with battered women. Presents the stories of women who eventually ended their violence and the tragic consequences for defending themselves. (Discussion guide available)	31 min	Span
533	FROM OPIUM TO HEROIN	Three part video about legal and illegal opiates such as heroine, codeine, Demerol, Darvon, Percodan, Dilaudad, methadone, fentanyl, and morphine. Uses animation, live action, an excellent counseling session, and an opiate recovery group, to explain this class of drugs in a comprehensive fashion. Discusses the 5,000 year history of opiates, how opiates dull pain and sometimes create a high, and why users self-medicate. It explores the physical and mental effects of the drugs. Explains the causes of addiction and several methods of treatment including experts from the counseling session.	50 min	Eng
534	FROM OPIUM TO HEROIN	Three part video about legal and illegal opiates such as heroine, codeine, Demerol, Darvon, Percodan, Dilaudid, methadone, fentanyl, and morphine. Uses animation, live action, an excellent counseling session, and an opiate recovery group to explain this class of drugs in comprehensive fashion. Discusses the 5,000 year history of opiates, how opiates dull pain and sometimes create a high, and why users self-medicate. Explores the physical and mental effects of the drugs. Explains the causes of addiction and several methods of treatment including experts from the counseling session.	50 min	Span
535	TB: A REALITY CHECK	Informs viewers of the dangers of TB and symptoms to look for.	19 min	Eng
536	CONFLICT COMMUNICATION SKILLS	Explores workplace hospitality and how to diffuse anger using these techniques/guidelines.	14 min	Eng
537	TEEN CONFRONTING VIOLENCE	Examines the prevalence of violence in our country and how it impacts teens, especially in the schools. Presents ideas on how teens can protect themselves from violence. Emphasizes prevention tactics and avoiding gang involvement. (Discussion guide available)	24 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
538	DATING VIOLENCE: THE HIDDEN SECRET	Addresses all aspects of dating violence: physical, emotional and sexual abuse. Teens discuss these issues in an attempt to sort out what dating violence is, how it can be prevented, and what to do if it happens to them or to someone they know. Discusses warning signs of an abusive relationship, as well as those of someone who is abusive. (Discussion guide available)	25 min	Eng
539	RAPE CULTURE	Examines socialization, attitudes and stereotypes in an effort to understand the phenomenon of rape in our society. Includes a discussion with a group of men in prison for rape on why men rape with professional commentary from rape advocates/counselors.	30 min	Eng
540	WE ARE NOT WHO YOU THINK WE ARE	Includes interviews with women inmates at a maximum security prison who talk candidly about growing up with family violence, sexual abuse, drugs and alcohol. Provides powerful insight into patterns of violence and crime that cycle from generation to generation.	14 min	Eng
541	YOU'RE HURTING ME, TOO: CHILDREN AND DOMESTIC VIOLENCE	Addresses the effects of domestic violence on children. Includes discussions with mothers of domestic violence and their children who talk about their experiences. Also includes discussions with professionals who discuss domestic violence and offer practical advice to both the survivor and their children. (Discussion guide available)	25 min	Eng
542	DEFENDING OURSELVES	Describes domestic violence and presents statistics that paint a vivid picture of the devastating physical, mental and emotional impact of domestic violence, especially on the survivors. Reviews how society deals with battered women. Presents the stories of women who eventually ended their violence and the tragic consequences for defending themselves. (Discussion guide available)	30 min	Eng
543	HOSTAGES AT HOME	Explores the epidemic of domestic violence in America. Reveals survivors' terrifying stories and the remaining physical, emotional and mental scars. Discusses the warning signs of domestic violence, as well as ways to get help.	52 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
544	TEEN SUIDICE	Gives statistics for teen suicide and discusses in detail the warning signs of teen suicide. Encourages peers, parents, teachers and other professionals to recognize the seriousness of these signs and to stay involved and diligent. (Discussion guide available)	15 min	Eng
545	EVERYTHING TO LIVE FOR	Presents the stories of four youngsters who tried and two who succeeded at suicide. Includes interviews with the families and the two surviving teens who talk openly about the causes or presumed causes of the catastrophic actions taken, the cries for help that went unheeded, the warning signals that peers, parents, teachers, and counselors dare not disregard.	52 min	Eng
546A	ALTERNATIVES TO VIOLENCE-PART I: CONFLICT RESOLUTION, NEGOTIATION & MEDIATION FOR STUDENTS	Part I - Provides teachers and facilitators with a framework for teaching Conflict Resolution skills to students in grades 6-10. Introduces students to the concepts and skills of Conflict Resolution, Negotiation and Mediation. Covers topics including: understanding conflict, communication skills, conflict resolution skills, negotiation and peer mediation. Demonstrates peer mediation skills through role play.	33 min	Eng
546B	ALTERNATIVES TO VIOLENCE- PART II: IMPLEMENTING CONFLICT RESOLUTION PROGRAMS IN SCHOOL	Part II - Demonstrates how to set up a conflict resolution and peer mediation program at the middle school level. Provides illustrations of staff and student training, skill building, and peer mediation. (Discussion guide available)	31 min	Eng
547A	PARENTING FOR PREVENTION-HOW TO STOP ENABLING AND START EMPOWERING KIDS	Discusses the difference between enabling kids and empowering them to make the right decision/choices in their lives. Emphasizes holding kids accountable for their behavior.	15 min	Eng
547B	PARENTING FOR PREVENTION-HOW TO SET LIMITS FOR KIDS	Gives parents practical advice about setting clear, and reasonable limits for their kids. Demonstrates various scenarios to show both the wrong way and the right way to set limits.	10 min	Eng
547C	PARENTING FOR PREVENTION-HOW TO ENFORCE CONSEQUENCES WHEN KIDS VIOLATE LIMITS	Gives parents practical advice on how to deal with children who violate limits. Emphasizes empowering kids to change their behavior and enforcing appropriate, reasonable consequences.	10 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
547D	PARENTING FOR PREVENTION-HOW TO CONFRONT KIDS WHEN THEY ARE DOING WRONG, AND ENCOURAGE WHEN THEY ARE DOING RIGHT	Describes some of the most common ways parents deal with their kids when they are angry or frustrated, as well as the messages kids receive. Gives more positive and appropriate methods with an emphasis on listening actively so that kids know that what they think and feel is important.	17 min	Eng
547E	PARENTING FOR PREVENTION-HOW TO TEACH KIDS TO HANDLE ANGER WITHOUT VIOLENCE	Explores four important steps for handling anger with each step illustrated to show how potentially violent situations can be effectively diffused.	14 min	Eng
547F	PARENTING FOR PREVENTION-HOW TO TEACH KIDS TO RESOLVE CONFLICT WITHOUT VIOLENCE	Gives parents the Three T's for resolving conflict: Think about it, Talk about it and Try to work it out. Gives illustrations for each of the Three T's with an emphasis on compromise.	13 min	Eng
548	MEDICAL ASPECTS OF CHEMICAL DEPENDENCY	Explains how mood-altering substances alter the chemicals in the brain, and how this in turn affects heart rate, breathing, sensory perceptions - and more. (Discussion guide available)	22 min	Eng
549A	RAGE, RECIDIVISM & RECOVERY: PART I THE PATH TO RECIDIVISM & RECOVERY	Follows three formerly violent, habitual offenders as they confront the rage, hate and fear in their lives and demonstrate how it is possible to break the chain of recidivism. Examines and discusses the turning point in their lives, the choices they made, the tools they have used and the rewards they have enjoyed.	20 min	Eng
549B	RAGE, RECIDIVISM & RECOVERY: PART II THE PATH TO RECIDIVISM & RECOVERY	Follows three formerly violent, habitual offenders as they confront the rage, hate and fear in their lives and demonstrate how it is possible to break the chain of recidivism. Examines and discusses the turning point in their lives, the choices they made, the tools they have used, and the rewards they have enjoyed.	25 min	Eng

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550	PUTTING THE BARS BEHIND YOU	Teaches the ex-offender new job search methods which were designed to reduce job search time and lessen the risk of being "screened out" before having the chance to interview. Helps ex-offenders learn how to answer tough interview questions. Depicts how to and how not to conduct one's self during the job interview. Presents the stories of ex-offenders who tell their stories and offer advice on what to expect from employers in the interview and job search process.	23 min	Eng
551	JUVENILE LAW AND YOU	Follows the cases of three young people through the juvenile justice system: a minor needing the protection of the court from adult abuse, a first-time offender on a criminal charge, and a repeat offender. Explains the roles of police officers, probation officers, attorneys, social workers and judges in the court cases.	29 min	Eng
552	DRUG TESTING IN THE WORKPLACE	Emphasizes the right to all employees to a safe and secure workplace. Shows drug testing not as a law enforcement tool, but as a diagnostic tool to help those who need help and to help prevent accidents on the job.	24 min	Eng
553	UNDER THE GUN	Explores the ways in which students' choices are affected both by peer pressure and by adult society's acceptance of handguns as tools of power and protection. Presents the fact that everyday fights and conflicts can turn deadly when guns are used and provides strong models of positive decision-making.	28 min	Eng
554	HOOKED	This ABC News Turning Point program examines why some of the unlikeliest people have become junkies. Some of the addicts in this program have recovered, others are recovering, and others still feed their habit while assuring the world they'll recover sometime.	44 min	Eng
555	NO BIG DEAL: A PROGRAM ABOUT INHALANT ABUSE	Dispels the belief that "sniffing" is a relatively harmless way to get high. Presents the physical and emotional effects of sniffing and presents confidence-building advice for making healthier, better-informed choices.	20 min	Eng
556	MARIJUANA: GETTING THINGS STRAIGHT	Examines the history of marijuana use, its psychological, emotional, and physical effects, and the legal consequences for those who use it.	17 min	Eng

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557	INFLUENCES: INNOCENCE BETRAYED	Explores the impacts on society of a growing population of children and adolescents permanently disabled by prenatal substance abuse. Follows children and their guardians as they attempt to cope with baffling learning and behavioral disabilities. Introduces children who are unable to learn how to read, and adolescents who seem to function without.	24 min	Span
558	STREET DRUGS	Explains how "street drugs" are any substance bought or sold, used or abused outside a normal doctor/patient relationship and how these drugs affects both the brain and the body. Covers initial effects, withdrawal, and long-term effects of each drug, and makes the dangers of drug use clear.	30 min	Span
559	STREET DRUGS	Explains how "street drugs" are any substance bought or sold, used or abused outside a normal doctor/patient relationship and how these drugs affects both the brain and the body. Covers initial effects, withdrawal, and long-term effects of each drug, and makes the dangers of drug use clear.	30 min	Eng
560	JUST BECAUSE...	Looks at kids incarcerated for violent crimes and families who have lost children to violence that surrounds them, contrasted with young people who have chosen a philosophy of non-violence and troubled kids who have turned their lives around. Offers young people insight on how to break the cycle.	35 min	Eng
561	GROWING UP NOT A CHILD	Focuses on the positive forces that have lifted teens out of the cycle of violence that surrounds them. Explores the connections each has make with family, school, church, community and the arts.	55 min	Eng
562	BREAKING TIES	Presents a compelling and honest look at impoverished teenagers in America.	55 min	Eng
563	SAY GOODBYE CAMEL JOE	Fast-paced, "MTV-style" video. Uses lively visuals and music along with teen comments to reveal some of the deceptive advertising techniques used by the tobacco industry to target children. Ideal for use in media studies or tobacco education.	8 min	Eng

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564	YA NO MAS!	Spanish language video-based workshop about emotional and physical violence against women and is designed for use in self-help groups and public forums. Uses dramatic re-enactments and on-camera interviews to educate and initiate discussion about the various forms of domestic abuse suffered by millions of women. Sponsored by the Group de Mujeres (Women's Group) of San Cristobal Las Casas, shot on location in Chiapas, Mexico, and produced in collaboration with psychologists, social workers, activists and filmmakers in Mexico and the U.S. Designed to stimulate discussion and personal testimony, and complete with a bilingual facilitator's manual. Excellent resource for domestic violence counseling programs and shelters, as well as educational and social services agencies serving Latino/a communities.	28 min	Span
565A	FIGHTING BACK: COMMUNITY INITIATIVES TO REDUCE DEMAND FOR ILLEGAL DRUGS AND ALCOHOL	Presents concept, philosophy and perspective on the national Fighting Back program, with comprehensive discussion from program developers, project directors and others involved in the Fighting Back movement. Highlights many promising local innovations.	16 min	Eng
565B	FIGHTING BACK: SUBSTANCE ABUSE TREATMENT FOR WOMEN: SUCCESS OF THE LITTLE ROCK FIGHTING BACK WOMEN'S TREATMENT NETWORK	The Little Rock Fighting Back Women's Treatment Network was designed to address the special needs of an under served segment of substance abusers: women. Women, especially those who are pregnant and/or raising children, face unique, gender-specific challenges. Historically, treatment for drug and alcohol abuse has been based on a male model of treatment. Now that more women have become users, there is a mandate to tailor services to meet their specific needs. This video documents the stellar contribution made by Little Rock Fighting Back and the example of how the coalition facilitated a coordinated inter-agency effort to combat drugs and alcohol abuse in Little Rock.	11 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
565C	FIGHTING BACK: COMMUNITY COVENANT: A PROJECT NEIGHBORHOOD INITIATIVE	Documents a landmark Community Covenant to reduce the problems caused by the sale of alcohol to minors in Kansas City, MO. Fighting Back's Project Neighborhood and the Concerned Retailers of Kansas City - a group of 14 liquor store owners - publicly signed an agreement to officially begin working as a collective body to prevent underage drinking and the selling of illegal drugs outside liquor stores. Community residents were complaining that certain liquor stores in the area were selling alcohol to minors. After investigating the allegations, officials conducted several sting operations. Liquor store owners charged community members and government officials with "scapegoating," and not addressing the real problem - the ID's used by minors and the sale of drugs near retail establishments.	23 min	Eng
565D	FIGHTING BACK; " LA SALIDA" THE WAY OUT!	Part of Fighting Back's crusade to reclaim San Antonio youth has taken the unlikely form of a collaboration with the U.S. Army at Fort Sam Houston. This prevention program sends students who will be entering the fifth grade to a two-day leadership training session at Bill's Training Camp of the 5th Army Division. True to the Fighting Back philosophy of utilizing existing resources, La Salida has a variety of organizational supporters. Training can be a rude awakening for some. The kids stay in military huts with two "hut men" leaders who are regular members of the military. Along with the modified regulation army basic training, La Salida participants negotiate an obstacle course, learn life skills, substance abuse prevention, etc. This video summarizes the process.	8 min	Eng
566	HEMP: CHASING SMOKE	A high school pot user watches a video on marijuana in class. His father is in prison on marijuana-related charges, and his mother smokes all day. The student's family use issues are tied in with the examples and interviews in the video. Health experts, representatives of the law, teenagers, middle-aged hippies--they all discuss their personal or professional encounter with pot, the short term pleasure vs. long term effects, the fact that drugs have become a part of some families' legacy. They list ample evidence which shows that family background can engender drug abuse (user children of users), or cause it (lack of self-esteem, confidence, love, support). The video's political/ legislative message is that marijuana should not be legalized, but laws should be applied more fairly and in a less draconian fashion.	36 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
567	MARIJUANA: THE INSIDE STORY	Uses an educational strategy is to make children disgusted with the possible consequences of using pot. Utilizes cartoons to introduce the basic drug terminology and the effects of THC on the cells, and the bodies and minds of users. Summarizes and reinforces educational messages so that they can be easily shared with others.	25 min	Eng
568	ENTENDIENDO EL USO Y ABUSO DEL ALCOHOL	Uses animation to explain alcohol's effects on the body and mind of those who use and abuse it. Reviews and colorfully illustrates the four stages of intoxication. Shows how increasing levels of alcohol intake disturbs the balance between reason and emotions, i.e. causing drunk people to react violently. Messages sent include: know your limits, do not drive even if you drank little, do not drink just because everyone else is.	15 min	Span
569	STILL WATERS	Dramatizes a normal and average family, with its complex but common problems. Portrays tensions between teenager and parent, husband and wife, are so real, that this could be any family on any street, in any town. The family comes to a crisis point when Jeff gets in a boating accident while drunk. Alcoholism and dysfunctional behavior perpetuate each other in a vicious cycle. This vivid on-screen illustration will stir up conversation and thought about alcohol as the cause and/or consequence of family conflict and dysfunction.	35 min	Eng
570	DRUG WARS: CRANK COUNTY	Provides stories of meth users, and professionals who have dealt with meth users (law enforcement, judicial system, medical experts, and treatment counselors). Explains the dangers of methamphetamine and stresses that education is the key to prevent meth use and subsequent addiction.	24 min	Eng
571	DRUG WARS: ONE FAMILY'S BATTLE	Describes one woman's story of the progression of her brother's drug addiction. Highlights the fact that one can be an intelligent, educated person with knowledge about the dangers of drugs and can still fall into the trap of addiction.	25 min	Eng
572	METHAMPHETAMINE: THE RUSH TO CRASH	Describes the history of production and medical uses of meth, as well as meth's effects on the body. Includes testimonies from former meth users. Discusses effects on unborn children when the mother uses. Talks briefly about recovery.	28 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
573	J.R.'S STORY: THE DISABILITY OF CHEMICAL DEPENDENCY	Depicts a story about a disabled individual (J.R.), who is also chemically dependent. Reveals the denial both he and his friends have regarding his chemical dependence. At one point, the interviewer confronts J.R. about his drug/alcohol use and he decides to enter into treatment.	28 min	Eng
574	HAPPY HEALTHY BABIES & MOMS: THE FIRST 90 DAYS	Sequel to the original newborn care classic show. Gives advice to new mothers on how to take care of their newborns and themselves. Provides answers to commonly asked questions.	60 min	Eng
575	JOURNEY TO LONG LIFE (KHMER AND ENGLISH VERSION) SMOKING CESSATION VIDEO	Covers the dangers of smoking and how one family helps their grandfather deal with his lung cancer from smoking. Includes testimonies from other Cambodians as to how difficult it is to quit smoking and how second hand smoke can harm non-smokers. Provides tips on how to quit smoking and what to expect when you quit (return of taste, developing a high, more energy).	33 min	Eng Cambod
576	EVERYTHING TO LIVE FOR	Presents the stories of four youngsters who tried and two who succeeded at suicide. Includes interviews with the families and the two surviving teens who talk about the causes or presumed causes of the catastrophic actions taken, the cries for help that went unheeded, and the warning signals that peers, parents, teachers, and counselors dare not disregard.	52 min	Eng
577	UNDERSTANDING THE INFLUENCE	Helps youth understand why people drink. Discusses the influence of advertising and how it is targeted toward youth. Discusses the glamorization of alcohol use, alcohol availability, and underlying messages of alcohol advertising. Illustrates how advertising creates norms and provides counter-arguments to ads. Outlines facts about alcohol (i.e. it is a drug, it can be very harmful to young people, it is a disease, etc.).	35 min	Eng
578	PARENT SURVIVAL: A GUIDE TO YOUR RECOVERY	Seminar aimed at parents who have a chemically dependent child/teenager. Offers insight on how to deal with issues surrounding chemical dependence.	70 min	Eng
579	SAYING GOODNIGHT TO THE SUN	Describes a group of Alaskan Native villagers who have created "The Rural Providers Conference," a community free of drugs and alcohol and who believe that this goal cannot be accomplished by an outside agency but the people of the community themselves. Discusses the usefulness of the "talking circle" in sharing feelings and the incorporation of other traditions in overcoming chemical dependence.	30 min	Eng

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580	NASSAU BOCES (BUILDING BRIDGES): PROJECT SUPPORT	Describes a program, Project Support, which was implemented as a 5 year demo project in Long Island, New York. This program emphasizes education, substance prevention, and drop out prevention. Also utilizes a mentor program to help teens deal with stress and gain support.	35 min	Eng
581	OPENING DOORS; TECHNIQUES FOR TALKING WITH SOUTHEAST ASIAN CLIENTS ABOUT ALCOHOL AND OTHER DRUG ISSUES	Helps service providers develop techniques to help Southeast Asians become aware of alcohol and drug problems. Demonstrates interviewing techniques in the native tongue and provides time at the end for interviews. Discusses risk factors Southeast Asians possess for alcohol/drug use.	60 min	Eng
582	ADDICTED	Illustrates the "face" of addiction and shows that anyone can become addicted. Follows the story of one man's battle with addiction. Provides facts about alcohol and drugs, ex: that alcohol is a drug and kills five (5) times more people than all other illicit drugs combined. Discusses health care costs related and health problems related to alcohol use. Covers alcohol dangers of drinking and driving, peer pressure and the harm alcohol causes during pregnancy. Covers alcohol related violence and discusses similar issues with drugs. Talks about dangers of smoking as well.	59 min	Eng
583	DRUG ABUSE AND THE BRAIN	Describes biological basis for addiction. Emphasizes that addiction is not due to some inherent immorality or lack of will power within an individual. Points out that the realization that chemical dependency has a biological component will help both treatment counselors and patients overcome chemical dependency.	26 min	Eng
584	WHO'S DRIVING? FOR IMPAIRED DRIVING OFFENDERS	Follows a man arrested driving under the influence of alcohol. Includes interviews with former DUI offenders, victims, doctors, counselors, and judges about the risks and damage caused by drunk drivers.	23 min	Eng
585	THE ART OF ASSERTIVENESS (Close-Captioned)	Presents how to effectively communicate with family, friends, and coworkers using the assertive communication technique. Demonstrates the negative results of the other communication styles: passive, aggressiveness, passive-aggressive. Goes through several scenarios to demonstrate the various techniques of effective and ineffective communications.	25 min	Eng

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586	POSTPARTUM EMOTIONS: THE BLUES AND BEYOND	Explores the various healthy and unhealthy emotions experienced soon after delivery. Differentiates between "baby blues" and normal adjustment from postpartum anxiety, postpartum depression (PPD) and psychosis. Identifies symptoms which are problematic, and suggests various intervention methods to help with the baby's and mom's well being. Emphasizes the idea that it is normal to have negative feelings after delivery of the baby as this is a difficult life adjustment.	17 min	Eng
587	MARIJUANA: THE MIRROR THAT MAGNIFIES	Explores the history, the physical, psychological, mental, physiological effects of smoking marijuana. Includes interviews with marijuana smokers, medical doctors, pharmacists, and others about the desired effects and side effects of marijuana usage. Illustrates how marijuana affects social and personal relationships with family, friends and coworkers.	28 min	Eng
588	MY POT VIDEO: A TEENAGERS'S CANDID LOOK AT MARIJUANA USE	Follows Mike Morgan, a high school student, who is court ordered to produce a video about marijuana use. In the beginning, he is skeptical about the negative effects of marijuana. However, after the interviews with ex-marijuana users, current marijuana users, and a drug counselor, Mike becomes aware of the addicting power of marijuana. When he finally interviews his friend of 10 years, a marijuana user, and sees the change in her appearance and behavior, he learns the truth about this hazardous drug. (Discussion guide available)	17 min	Eng
589	UNDERSTANDING A NEED FOR ALCOHOL AND OTHER DRUG ABUSE PREVENTION FOR PEOPLE WITH DISABILITIES	Demonstrates that drug and alcohol abuse are common in the disabled, as they try to cope with their loss and handicap. Points out, through interviews, the factors which place a disabled person at risk for alcohol and drug abuse. Shares intervention techniques and strategies for rehabilitation.	15 min	Eng
590	TIME TO SPEAK	Consists of 2 parts. Part I, "The Wounded" (23 min), discusses the factors behind child abuse and also shows what is being done to assist children in coping with violence. Part II, "Stealing", follows the treatment and recovery of a group of 12-18 year old boys in dealing with the severe emotional problems originating from familiar abuse. Attempts to show that abuse is a cycle that follows families for generations, destroying relationships and lives.	57 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
591	LEARNING THE HARD WAY	Includes interviews with young people serving time for drunk driving and vehicular manslaughter who reveal their anguish and grief that they will always live with, and admit and acknowledge their thoughtlessness, grief, and responsibility in their action that resulted in the deaths of friends and strangers, the devastation of families and the permanent alterations of many lives.	25 min	Eng
592	TOBACCO TROUBLE	Uses Donnie Dinosaur to teach children about the dangers of smoking: Milo and Sandy are about to smoke a cigarette in a cave. Donnie Dinosaur stops the kids and warns them about the dangers of smoking. Donnie also talks about addiction, peer pressure and secondhand smoking. Nic Nicotine and his ugly friends try to persuade Sandy and Milo to smoke through attractive advertisements, but Donnie argues each point. Through songs and pictures, Milo and Sandy learn that "the only way to have a healthy body is by saying "no" to all drugs!	12 min	Eng
593	INHALANTS, THE TRICKY DRUGS	Teaches young adolescents about the dangers of inhalants, such as solvents and aerosols, that can be bought in the store. Demonstrates the difference between using familiar products (ex: glue) safely and abusing them as drugs, the signs of inhalant abuse, both mental and physical, ways to say "no" to all drugs, and the types of products to look for and how to use them correctly.	7 min	Eng
594	SEXUALITY, ALCOHOL AND DRUGS	Attempts to demonstrate the connecting forces of alcohol, drugs and sexual pressure in society. Presents the message that people use drugs and alcohol to escape the possibility of feeling guilt, shame and anger after having sex.	26 min	Eng
595	CROSSING THE LINE	Includes interviews with people convicted of drunk driving and vehicular manslaughter, family and friends of victims of drunk driving, and police officers who investigated the crash scene. Stresses that no one is invulnerable to killing someone if they are drinking and driving.	29 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
		7 video series. Each portrays the stories of young people and their experiences with violence, alcohol, drugs, school, etc.		
596A	WORKING IT OUT AT MADISON SERIES: WORKING IT OUT	Two young students, classmates at Madison High School, have many fights that results in violent behavior and racial slurs. After fighting in the hallway and getting caught by the principal, they are offered a choice between mediation or suspension as punishments with their choice of mediation. The two young students work through their disagreement. By placing their anger aside and finally listening to each other, they are on the path to resolution of the problem. (Discussion guide available)	24 min	Eng
596B	WORKING IT OUT AT MADISON SERIES: CLASS ACT	Greg Peterson is having trouble at school. He argues with teachers, arrives tardy for classes and his grades are poor. His poor attendance record, his reputation as a trouble maker and his dismal academic standing convince the nice principal that Greg needs to be suspended from school. Greg, frustrated with his life, believes the best choice is to just drop out of school. His friend convinces him not to do it. This video gives some reasons as to why some people drop out of school. (Discussion guide is available)	26 min	Eng
596C	WORKING IT OUT AT MADISON: THE BOY WONDER	Tom looks like he has no problems. He's respected by his teachers and his peers. He's an excellent student, a top athletic and has a lot of responsibility at home. Tom has to take care of his younger brother, the house, and the bills, because his mother drinks too much alcohol. This video emphasizes the pain and difficulty experienced by a young person living in a family in which there is a chemical dependency. (Discussion guide available)	28 min	Eng
596D	WORKING IT OUT AT MADISON: BEST FRIENDS	Laura has considered Carol her best friend since they were babies. Now, Laura finds out that Carol has involved herself with a new crowd of friends that are involved with drugs and alcohol. This video deals with the complexities involved in dealing with a close friend who is abusing alcohol and drugs, the idea that we cannot change another person's behavior, and what it means to be a friend. (Discussion guide available)	26 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
596E	WORKING IT OUT AT MADISON: THE CIRCLE	Michael is in trouble because ever since his father Frank returned home, Michael has been doing poorly in school and alienating his friends and family. He spends his spare time drinking and getting drunk. Michael's drinking problem leads him to being suspended from school and then picked up for drunk driving. This video helps the viewer understand the cycle of alcohol abuse, to recognize the effects of dependency on families, and learn how another culture (like Native Americans) deal with alcohol dependency and abuse. (Discussion guide is available)	26 min	Eng
596F	WORKING IT OUT AT MADISON: NOT JUST ANYBODY	Sam is openly a moron with his girlfriend Allison at a party. He takes her to a bedroom. Allison is uncomfortable but she does not actively discourage him. Sam tries to have sex with her. Allison objects, but by this time things have started to get out of hand. She runs out of the room in tears. This video identifies the unspoken "rules" that govern male-female relationships, particularly in the area of sexuality. Teaches the viewer how to take responsibility for one's sexuality rather than being victimized by peer pressure. (Discussion guide available)	24 min	Eng
596G	WORKING IT OUT AT MADISON: BREAKING THE CHAIN	Lisa is bound for college next fall and is very excited about it. Unfortunately, her boyfriend doesn't share her enthusiasm. Alex is very possessive of Lisa, and very threatened by the prospect of losing her to a life in which he has no interest. Alex's jealousy erupts because of his low self-esteem. This video helps to distinguish between a healthy and unhealthy relationship, identify some of the warning signs that indicate a propensity toward violence in a relationship, and ways of handling anger constructively. (Discussion guide available)	23 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
	BEAT THE STREET SERIES	Five video series on relapse prevention for urban recovering addicts.		
597A	BEAT THE STREET: CLEAN & SOBER IN THE CITY, STREET SMARTS	Introduces key urban relapse prevention strategies for staying clean and sober. Stresses complete abstinence, not doing it alone, accepting disappointments, coping with chronic stress, resisting "easy" money, avoiding the old neighborhood, stress, and planning to handle offers of drugs and alcohol. Includes candid interviews with recovering addicts through which viewers learn the pitfalls and traps that prevent recovery. (Discussion guide available)	38 min	Eng
597B	BEAT THE STREET: BACK ON THE BLOCK	Discusses the first weeks home after going through a recovery program or prison, dealing with housing, old friends, and triggers. Includes interviews with recovering addicts, through which viewers learn about avoiding active users, creating a support system, keeping busy, preparing to handle running into old friends, and preparing to cope with triggers in the neighborhood. Discusses several support networks: friends, religion, and spirituality. (Discussion guide available)	39 min	Eng
597C	BEAT THE STREET: RECOVERING RELATIONSHIPS	Discusses the ways of coping with relapse traps that occur in relationships with friends, family, children and and lovers. Helps viewers recognize and avoid traps by coping with an unsupportive or dysfunctional family, avoiding the issue of rescuing other men's and women's issues on early treatment, dealing with guilt over past parenting mistakes, and coping with the stress of parenting in recovery. (Discussion guide available)	38 min	Eng
597D	BEATH THE STREET: CATCHIN' FEELINGS	Deals with new ways to cope with emotions and provides techniques for handling anger, shame, guilt, and self-pity that surround chronic illness like HIV/AIDS. (Discussion guide available)	40 min	Eng
597E	BEAT THE STREET: MAKING IT HAPPEN	Deals with work, money, school, and going for dreams in long term recovery. Includes goals for getting and keeping work, dealing with financial stress, going back to school, and giving back to the community. (Discussion guide available)	38 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
	YOU CAN CHOOSE SERIES	10 video series uses animal characters to demonstrate positive ways to deal with working with others, responsibility, doing the right thing, disappointment, honesty and friendship.		
598A	YOU CAN CHOOSE: COOPERATION	Moose learns how to work in harmony with other people. When his insistence on always having his own way causes the breakup of his singing quartet, Moose discovers the benefits of cooperating, and learns what it takes to be a cooperative animal. (Discussion guide is available)	28 min	Eng
598B	YOU CAN CHOOSE: BEING RESPONSIBLE	Rhonda Bird faces a tough choice between having a good time and being responsible to her friends. When a chance to go to Disneyland conflicts with her commitment to work on a school group project, Rhonda makes the responsible choice, winning the respect of her friends and making her feel very good about herself.	28 min	Eng
598C	YOU CAN CHOOSE: DEALING WITH FEELINGS	Tuggy Turtle discovers the importance of being honest about his emotions. In trying to hide his fears about going on a weekend camp out. Tuggy makes himself miserable and almost ruins his friendship with Moose before learning that it's best to accept his feelings and express them honestly.	28 min	Eng
598D	YOU CAN CHOOSE: SAYING NO	Missie Mouse has to choose whether to say "no" to a friend or do something she knows is wrong. When Missie's best friend, Rhonda, tries to pressure her into smoking cigarettes. Missie agonizes over her options before discovering that there are ways to say "no" without ruffling Rhonda's feathers.	28 min	Eng
598E	YOU CAN CHOOSE: DOING THE RIGHT THING	Rhonda and Fiona discover that doing what's right feels a lot better than doing what they can get away with. When they find a lost wallet on the playground, the girls struggle with the temptation to spend the money before finally concluding that it's not theirs to spend.	28 min	Eng
598F	YOU CAN CHOOSE: DEALING WITH DISAPPOINTMENT	Missie Mouse must learn to keep perspective and handle disappointment in a positive way. When her baseball team falls into last place, Missie almost gives up the game before realizing that losing is not the same thing as being a loser.	28 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
598G	YOU CAN CHOOSE: APPRECIATING YOURSELF	Tuggy Turtle learns that being himself is a lot better than pretending to be something he's not. When Tuggy becomes troubled by feelings of inadequacy, his friends help him to recognize and appreciate his positive inner qualities.	28 min	Eng
598H	YOU CAN CHOOSE: ASKING FOR HELP	Moose cannot read but he pretends he can so he won't embarrass himself. After ruining a group science project, Moose finds that the only way to fix his reading problem is to ask for help. This video teaches children that when they need help, they should not be afraid to ask for it.	28 min	Eng
598I	YOU CAN CHOOSE: BEING FRIENDS	Rhonda, Missie, and Fiona learn about the complex nature of friendship. When Missie is not invited to the "in" party, the three girls are forced to deal with the differences in their relationship with each other.	28 min	Eng
598J	YOU CAN CHOOSE: RESOLVING CONFLICTS	Tuggy and Rhonda learn that there are ways to resolve disagreements without fighting. When a dispute between them puts their class art project in jeopardy, Tuggy and Rhonda learn to work out interpersonal conflicts in a peaceful and positive way.	28 min	Eng
599A	MOYERS ON ADDICTION CLOSE TO HOME: PORTRAIT OF ADDICTION	Presents the stories of nine men and women - all recovering from drug and/or alcohol addiction. Includes stories from a former narcotics agent, now recovering from a cocaine habit, a mother of three who is a marketing specialist, a former addict and founder of Stand Up Harlem - a community of HIV-positive addicts and recovering addicts, a journalist and former addict who actually served as the researcher for Moyers on the series. This candid testimony from people who have been there leaves little doubt that addiction can happen to anyone and so can recovery.	57 min	Eng
599B	MOYERS ON ADDICTION CLOSE TO HOME: CHANGING LIVES	Reveals that while addiction may cause similar changes in the brains of different people, recovery is a very individual solution. Points out that changing behavior is the aim of treatment, but no single treatment program will work for all addicts. Visits the Ridgeview Institute near Atlanta to interview recovering addicts and sits in on a group therapy session. Also visits Project Safe, an innovative treatment program that reaches out to disadvantaged mothers who are addicts, and to their children who are at serious risk of becoming addicts.	81 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
599C	MOYERS ON ADDICTION CLOSE TO HOME: THE NEXT GENERATION	Looks at efforts by experts who are increasingly focusing on prevention efforts based on community and family. One works with parents addicted to heroin by teaching them how to repair the damage to families wrought by drug abuse, and in spite of it, how to raise strong, resilient children. In a second program, vigilant counselors in Dade County schools watch for kids at risk of becoming drug addicts, and offer immediate counseling for those who are already involved with drugs. Addresses nicotine addiction through a program that provides classes designed to prevent students from smoking, and another program that helps them stop if they've already begun to smoke.	57 min	Eng
599D	MOYERS ON ADDICTION CLOSE TO HOME: THE POLITICS OF ADDICTION	Confronts how our society tries to solve the drug addiction problem through public policy. Discusses public policy like Proposition 200 which allows treatment over incarceration for non-violent drug addicts. Includes interviews with members of congress, doctors, and policy activists.	57 min	Eng
700	BEHIND THE WALL-THE TOUGHEST BEAT IN CA	Discusses the life of the correctional officers in one of the toughest prisons in California. Shows the violence that the correctional officers face every day. Presents a brutal world where prison gangs murder to increase their power and settle old scores.	18 min	Eng
701	TB: A REALITY CHECK	Tells the story of a lead singer of a band who contracts TB, and how the kids in the band learned the facts about TB. Teaches people about the signs, symptoms, and treatment of TB.	19 min	Eng
702	PUBLIC SERVICE ANNOUNCEMENT FROM THE PARTNERSHIP FOR A DRUG- FREE AMERICA, WINTER 1997	Various commercials that target drug abuse prevention.	40 min	Eng
703	INFORMATION FOR ACTION	Provides the results of a survey on alcohol abuse. Provides background information on knowledge and attitudes regarding the use of alcohol at parties, social gatherings and bars through interviews with DUI offenders.	22 min	Eng
704	AMERICAN TRAINING RESOURCE: SUBSTANCE ABUSE-REASONABLE SUSPICION	Targets employers and shows how they should treat employees that they suspect of alcohol and/or drug abuse. Highlights the signs and symptoms employees might have that indicate a possible drug problem, for example, the two major changes often seen are a difference in performance and attendance in the work-place. Explains that if an employee tests positive for drug abuse, the employer may offer several options: suspension, treatment, etc...	16 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
705	MY WINGS GROW POWERFUL	Promotes the "Dare To Be You" Parenting Workshop. Discusses the skills and techniques needed to be competent, understanding, and caring parents.	22 min	Eng
706	GATHERING THE CIRCLE	Discusses various prevention programs used for alcohol abuse with Native Americans. Shows how these programs integrate the cultural and religious beliefs of the Native Americans to help teach children about the problems of drug and/or alcohol abuse.	25 min	Eng
707	LET'S HELP YOUTH STAY DRUG FREE PART I & PART II	Utilizes a live panel of experts to discuss the problems of drug and alcohol abuse in today's society.	116 min	Eng
708	PART I: BUILDING COMMUNITY, FAMILY & YOUTH RESILIENCY: CREATING LASTING CONNECTIONS OVERVIEW PART II: PRODUCING MEASURABLE OUTCOMES IN PREVENTION: CREATING LASTING CONNECTIONS DESIGN	Contains 2 parts. Discusses ways to instruct children and their parents about the dangers of alcohol and/or drug abuse. Teaches the viewer that they can make a difference in their community, schools, and homes.	57 min	Eng
709	IT'S YOUR CHOICE: PREVENTING PREGNANCY & STDs	Identifies the risks associated with sexual activity, including STD's, HIV infection, and pregnancy. Discusses myths that people believe about casual sex. Identifies the symptoms and method of transmission of STDs. (Discussion guide available)	29 min	Eng
710	MICHAEL'S JOURNEY: GROWING UP ISN'T EASY	Discusses the disease of alcoholism and the cycle of alcoholism in the family. Presents the story of Michael, who's father is an alcoholic. Michael is embarrassed by his father who drinks all the time. Michael tries to become the perfect son, but that does not stop his father from drinking. Discusses the idea that Michael cannot control his father's disease and that he is not responsible for his father's drinking. (Discussion guide/kit available - book and cassette)	42 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
711	MY SELF-ESTEEM	Uses the story of Molly Kramer to illustrate ways to build self-confidence: eleven year old Molly doesn't think much of herself. A low grade in spelling and an embarrassing moment in class puts her self-esteem at an all-time low. Suddenly, her self-esteem comes to life - a mirror image of Molly who looks as bad as Molly feels. Molly's alter ego teaches Molly important techniques for developing self-esteem: liking yourself, communicating with respect, becoming an expert at something, and more. As Molly begins to feel better about herself, her alter ego's appearance improves. At the end of the film, a newly-confident Molly has learned to value herself and others.	18 min	Span
712	STAYING SOBER AND STAYING FREE	Uses the story of Thomas "Hollywood" Henderson, a recovering alcoholic and drug addict who went from Superbowl to cell block. He's staying sober and staying free. Thomas Henderson can reach the hopeless because he's been there. He's been where they are... he's where they want to be...sober and free.	45 min	Eng
713	PARENT TO PARENT PARENTING FOR SAFE & DRUG FREE YOUTH	Promotes PRIDE, a workshop that teaches parents how to let their children be aware of the dangers of drugs and alcohol. Taught by parents to other parents.	18 min	Eng
714	WHEN A KISS IS NOT JUST A KISS: SEX WITHOUT CONSENT	Includes a skit performed before a live audience to show how easily a date rape can occur. Following the skit, the audience has a chance to ask the actors questions while they are still in character. Shows how communication and better judgement could have made for a different outcome, as well as how alcohol played a role in the rape.	36 min	Eng
715	STOP THE CHAOS	Offers strategies on how to stay motivated to maintain recovery and how to make the necessary lifestyle changes. Provides vignettes of people who have struggled with staying sober and how they accomplished it. CLOSED CAPTION	46 min	Eng
716	METHAMPHETAMINE: DECIDING TO LIVE	Includes interviews with recovering addicts which show the consequences of meth addiction. Part one describes the mental and physical effects of the drug, while part two addresses the barriers to overcoming addiction but the rewards as well. CLOSED CAPTION	39 min	Eng
717	PICKING UP THE PIECES	Tells the story of one teenage girl's struggle to survive in an alcoholic family. Depicts the codependency, dysfunctions, and denial that exists in such a family. Also illustrates how helpful, and for some, essential, Al-Anon can be in learning coping skills and finding support from others in the same situation.	22 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
718	ACQUAINTANCE RAPE: THE BROKEN TRUST	Provides examples of what qualifies as acquaintance rape. Gives starting statistics showing what a growing problem it is. Offers tips on how women can avoid acquaintance rape and protect themselves.	22 min	Eng
719	THE ART OF ASSERTIVENESS	Offers practical tools for helping viewers learn new ways to communicate. Explains that people develop effective communication through understanding different communication styles, identifying their own communication styles, and utilizing powerful communication techniques that can positively impact relationships with friends, family, and co-workers. Describes the art of assertiveness.	20 min	Eng
720	DRUG DANGER: EASY TO START, HARD TO STOP	Discusses reason's why people use drugs even though they are harmful. Teaches refusal skills. Explains the stages of addiction. (Teacher's guide included)	12 min	Eng
721	YOU CAN REFUSE	Explains that children know how to stay out of trouble with strangers: they say no and walk away. But staying out of trouble with friends is another situation and requires different skills. Shows how children can use refusal skills so that they can have fun and keep their friends but still stay out of trouble.	20 min	Eng
722	ASK FOR IT	Learning to get along with others is a critical step in a child's social development. Arguments with friends, brothers, and sisters often come about when children take things without asking. Teaches elementary aged students how to ask for things that belong to someone else.	20 min	Eng
723	A TUNE FOR TIPPY	Uses a puppy named Tippy to tell children about alcoholism. Tippy's father is sick with alcoholism. Mrs. Hoot, the school nurse, tells Tippy about the effects of alcohol on the body and how to determine if someone is sick with alcoholism. She explains that alcohol is a powerful drug that children should never drink.	10 min	Eng
724	TIPPY'S NEW COLLAR	Uses animal puppets to introduce young children to Tippy, a puppy troubled by his father's drinking and unpredictability. Tippy's new friends take him to talk to the school nurse, Mrs. Hoot. After she listens to Tippy's problem, she explains that his father is sick with alcoholism. She reassures Tippy that it's important for him to talk about his feelings.	13 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
725	STAYING OUT OF TROUBLE	Teaches children the following self-control skills: stop, think about what might happen, look around for something instead, and give yourself a pat on the back for staying out of trouble.	7 min	Eng
726	SAYING NO TO ALCOHOL AND DRUGS (Peer Pressure)	Designed for children ages nine through twelve at which students have heard about, but hopefully not yet experimented with, alcohol and drugs. Presents ways to say "no" to peers under friendly "I dare you" pressure, indirect pressure, and heavy pressure, when offered dangerous substances. Seeks to build self-esteem, assertiveness, and establishes awareness of positive alternatives to drug use among its viewers.	12 min	Eng
728	MONICA & THE POWERFUL DRUG	Educates young children about alcohol through an animated musical cartoon. Depicts a girl monkey, Monica, learning about alcohol and how it affects her older brother. Contains messages about health, family, resistance to peers, and ways to have fun without using drugs.	17 min	Eng
729	HOW TO HANDLE STRESS	Provides young viewers with tools to identify and handle stress. Illustrates situations in which teachers, coaches, parents and peers cause pressure and anxiety. Teaches viewers what stress is, where it comes from, and how it affects them. Reviews both the positive and negative physical and emotional reactions of stress.	9 min	Eng
730	LOTS OF KIDS LIKE US	Presents a true classic updated for today's young students: two young men discover they once attended camp together during a very important time in their lives. The story is of Ben and his sister, Laurie, trying to cope with their father's alcoholism with help from Conrad, a new friend from camp. Exposed to emotional abuse, they feel they have nowhere to turn. This touching video can help reach children of alcoholics and let them know they are not at fault, that they are not alone, and that they can get help.	28 min	Eng
731	INHALANTS	Describes what inhalants are how they damage the body. Provides strategies on how to "say no" to inhalant use.	20 min	Eng
732	MARIJUANA: WHY AND HOW SAY NO	Offers strategies on how to refuse marijuana and presents other enjoyable activities one can do instead. Describes physiological affects of marijuana.	20 min	Eng
733	DRUG DANGER: IN THE BRAIN	Explains the effects of drugs on the brain. Explains how the nervous system works and drugs interfere with it's functioning.	12 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
734	DRUG DANGER: IN THE BODY	Provides information on gateway drugs and how they affect the body.	12 min	Eng
735	HAPPY, HEALTHY, DRUG-FREE ME (PART I)	Describes the different feelings we have that we have choices in the way we handle them. Discusses how rules help us make good choices. Explains why using alcohol and tobacco aren't good choices.	10 min	Eng
736	HAPPY, HEALTHY, DRUG-FREE ME (PART II)	Explains the effects of stress, why we feel stress and how to relieve it. States that using alcohol and tobacco are not effective ways to deal with stress. Talks about the myths the advertising companies create to promote the use of alcohol and tobacco to relax. (Teacher's guide included)	10 min	Eng
737	ALCOHOL: IT'S NOT FOR ME	Describes how alcohol affects the mind and body. Explains that alcohol does not solve personal problems and suggests talking to adults instead. Provides refusal and strategic skills.	9 min	Eng
738	THE TROUBLE WITH TOBACCO	Discusses advertising's influence on young people. Describes the dangers of tobacco and how peer pressure influences people to use it anyway.	12 min	Eng
739	DESIGNING OUT CRIME IN HOME & SMALL BUSINESS	Illustrates how the city of Los Angeles "designed out crime" by constructing residences and businesses in a way that discourages criminal activity. Offers strategies on how you can reduce crime in your community using the same techniques. Explains what encourages/discourages criminal activity.	15 min	Eng
740	SOOPER PUPPY: PUFF OF SMOKE	Uses animal characters to teach children about the dangers of smoking. Baxter, alias Sooper Puppy, hears a newscast on the radio about a forest fire, just as he sees smoke coming from Big Jon's gopher hole. Assuming it is the forest fire, he puts a hose down the hole and turns it on. Big Jon appears all wet with a cigarette hanging out of his mouth. Baxter asks Big Jon why he smokes. Big Jon brings up from his tunnel a magazine with a cigarette ad of a "cool looking man." Baxter exclaims, "you don't look like that." Big Jon, insulted, admits, "No, I look like a wet gopher!" Baxter learns about addiction from one of Grandpaw's animated stories about Schnopsie and her obsession with cookies. He is able to talk to Big Jon about addictions and give him some suggestions for not smoking.	16 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
741	GET REAL ABOUT TOBACCO	Helps children see the consequences of their actions and make choices that will keep them out of trouble.	7 min	Eng
742	YOUNG WOMEN'S LIVES	Addresses risk factors for young women, as well as identifying their strengths. Helps women face their problems and locate supportive services, and encourages them to develop new ways of thinking and addressing challenges.	30 min	Eng
743	LETTING GO OF STRESS (cc)	Presents quick, easy, and effective stress reduction techniques. Teaches viewers how to relax your whole body and achieve a wonderful feeling of peace and well-being. Provides practical tips on how to lead a simpler, lighter, and more restful style of life.	26 min	Eng
744	A STORY ABOUT FEELINGS	Provides techniques to help children get in touch with their feelings, which can reduce the risk of them abusing alcohol and other drugs later in life.	10 min	Eng
745	KIDS AT RISK: AN ATTITUDE ADJUSTMENT FOR RAMIE	Helps kids process their feelings to effectively handle problems and relate to others in healthy ways.	16 min	Eng
746	TWEE, FIDDLE, & HUFF	Uses a non-threatening allegory to show children of alcoholics/drug users that there is hope despite the situation at home. Emphasizes that sharing their feelings with others who have the same problem can help. (Facilitator's guide available)	17 min	Eng
747	KIDS AT RISK: COVERING UP FOR KEVIN	Illustrates the consequences of using alcohol and other drugs and the additional pitfalls of enabling behavior.	19 min	Eng
748	KIDS AT RISK: CHOICES AND CONSEQUENCES	Presents the story of three teenagers who are using alcohol and/or drugs but at different levels. Outlines the intervention process and how it works at each level. Discusses the difficulties encountered when dealing with this age group. (Study guide included)	35 min	Eng
749	ROOTS OF ADDICTION: DRUG & BEHAVIORAL COMPULSIONS	Shows that any addiction is an inherited, learned, and practiced set of behaviors which can be treated and prevented. Also examines the relationships among addictions and related behaviors, including attention-deficit/hyperactivity disorders.	32 min	Eng
750	SERENITY	Teaches techniques for relaxing without drugs or other chemicals, including relaxation, imagery and affirmations based on the time-tested twelve steps. Valuable as an adjunct to AA meetings and counseling sessions. Also helpful during withdrawal and for preventing relapses. Used for alcohol and drug rehabilitation.	25 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
751	ANGER: HANDLE IT BEFORE IT HANDLES YOU. HELPING KIDS PREVENT VIOLENCE.	Teaches kids what violence is, how it hurts them and others and how learning to manage anger helps prevent violence.	15 min	Eng
752	CONFLICT: Think about it, talk about it, try to work it out. Helping kids prevent violence	Teaches kids that conflicts with others don't have to lead to violence and that there is a safe and satisfying way to resolve conflict without fighting.	15 min	Eng
753	GUIDANCE CLUB FOR TEENS: Coping with a substance abusing parent	Helps youngsters explore topics of vital concern to them, such as self-esteem, peer pressure, drugs and alcohol, stress, responsibility, and decision making. Aims to help kids realize that they are responsible for the choices they make in life and that they are free to be the best they can be.	16 min	Eng
754	SOOPER PUPPY: FLYING HIGH	Uses animal characters to teach children about the dangers of using drugs. Sooper Puppy learns about the dangers of drugs from his Grandpaw. Two neighborhood dogs try to convince Sooper Puppy to take drugs to have fun and "get high". Grandpaw explains to Sooper Puppy the difference between real fun, feeling good about yourself, and fake fun, trying to change who you are.	17 min	Eng
755	REFLECTIONS FROM THE HEART OF A CHILD	Vividly portrays the impact of chemical dependency on the family as three young lives are ravaged by a father's alcoholism and a mother's inability to cope.	30 min	Eng
756	GOOD INTENTIONS, BAD RESULTS	Presents the story of Conner Metzger, a star athlete on the verge of a scholarship, who is jeopardizing everything due to his excessive drinking, partying and failing grades, and of his friends, who learn that enabling hurts.	0 min	Eng
757A	IT CAN HAPPEN TO ANYONE: Problems with alcohol and medications among older adults	Ed Asner helps viewers take a candid look at the role alcohol and medications play in the lives of older adults.	26 min	Eng
757B	VDEOCLIN: Early recovery. "IT CAN HAPPEN TO ANYONE" AARP VERSION FOR OLDER ADULTS	Helps clinicians distinguish between symptoms of substance abuse and natural aging. Discusses barriers in identifying substance abuse in this group and why older adults turn to alcohol and drugs at this point in their lives. Also explores how denial impacts treatment success.	26 min	Eng
758	WHAT SHOULD I TELL MY CHILD ABOUT DRINKING?	Hosted by Academy Award-Winning actress Meryl Streep and divided into 2 parts. Offers viewers advice both about good parenting and how to discuss alcohol. Believable family situations facilitate an often difficult subject to parents. Part A looks at the need for parents and other caregivers to take responsibility for discussing alcohol with their children. Part B uses "teachable moments" to instruct parents about initiate alcohol-related conversation with their children when they are likely to hear key messages.	46 min	Eng

NUMBER	TITLE	DESCRIPTION	TIME	LANG
759	KIDS AT RISK: "BLAMING KITTY"	Gives children threatened by chemical dependency in the home a safe perspective on parental alcohol and other drug use.	20 min	Eng
760	DOUBLE BIND	Teaches kids how to take care of themselves in unsafe situations and helps them identify risky people, put their safety first and trust their feelings.	20 min	Eng
761	A STORY ABOUT FEELINGS	Provides techniques to help children get in touch with their feelings, which can reduce the risk of them abusing alcohol and other drugs later in life.	11 min	Span
762	MENTORING: GIVING KIDS A MODEL TO STAY DRUG FREE	Reviews a panel discussion on purpose of mentoring, role of the mentor and benefits/value of the mentor-mentee relationship. Highlights various strategies to begin a community or school mentoring program. Provides additional resources including a national website, telephone numbers, printed materials and PSA's. Target audience: potential and existing mentor program coordinators/staff/administrators.	120 min	Eng
763	BINGE DRINKING IN TIJUANA: ABC NEW HOME VIDEO	Explores the dangers of American teens drinking in Tijuana and how San Diego County is trying to combat the problem through law enforcement and public health education.	20 min	Eng
764	KEEPING SCHOOLS SAFE: HOW TO STOP VIOLENCE ON YOUR CAMPUS	Discusses ways schools can prevent violent incidents. Presents background information and news footage on some of the recent school shootings that have brought national attention to this problems. Teaches viewers the warning signs of violence and the steps to take to intervene before the problem escalates.	23 min	Eng
765	BREAK THE SILENCE: STOP THE VIOLENCE	Teaches students the serious consequences of violence. Teenage narrators explain the real physical effects of gunfire and emotional trauma caused by violence. Includes actual news footage from recent school shootings.	13 min	Eng
766	WHAT IS YOUR DRUG I.Q.?	Covers common beliefs about currently abused drugs. Proves or disputes each belief, while honest, accurate information is delivered on alcohol, marijuana, LSD, cocaine, heroin, and inhalants. Audience members can participate throughout by answering true/false questions.	17 min	Eng
767	SMOKELESS TOBACCO: YOUR HABIT OR YOUR LIFE	Includes interviews with smokeless tobacco users who developed cancer and a dentist who has seen up close the damage smokeless tobacco can cause. Debunks the myths and exposes snuff and chewing tobacco as the addictive, dangerous drugs they are.	16 min	Eng

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768	TRUTH ABOUT DRINKING	Discusses how alcohol kills five times more the number of people killed by cocaine, heroin, and every other illegal drugs combined, yet for today's teenagers alcohol is the number one drug of choice. Points out that it is considered "cool" to drink as much as they can in social situations involving their peers.	46 min	Eng
769	SMOKING TRUTH OR DARE? (LIBRARY VERSION)	Explains that six thousand American teenagers light a cigarette for the first time every day, and that today, the number of teen smokers in the United States is the highest it's been in two decades. A total of four and a half million teens smoke or chew tobacco.	52 min	Eng
770	PREVENTING VIOLENCE: "A VISION OF HOPE", PART I	Discusses the causes and effects of violence. Points out that America has the highest violent crime rates. Illustrates how the community, leaders, parents, youth, government officials and media can come together to make their neighborhood violence free.	15 min	Eng
771	PREVENTING VIOLENCE: "HOPE IN ACTION", PART II	Shows how a gang-infested neighborhood, with the help of volunteers, government, law enforcement officials, and agencies, can become a new, more productive neighborhood with pride and hope for the future. Presents programs where kids and organizations can work together to decrease violence.	30 min	Eng
772	OVERCAST: A HEROIN PREVENTION VIDEO	Talks about the dangers of using heroin, and the myth that smoking and snorting are less dangerous than injection. Discusses the effects of using heroin, how you as a young person can help friends or people you love who are using heroin.	15 min	Eng
773	JOURNALS FROM THE INSIDE: COCAINE/CRACK PREVENTION VIDEO	Follows 2 teenage journalists as they shed the myths and learn the tragic truths behind crack and cocaine use. Includes interviews with recovery addicts, narcotic officers, and doctors who reveal the negative effects of cocaine/crack on people physically and psychologically.	20 min	Eng
774	EDUCATE: CREATING INHALANT ABUSE AWARENESS TOGETHER	Contains some real stories from parents whose children died from inhalant abuse. Explains how inhalant use can cause long and short term memory loss, hearing loss, and tremors. Includes suggestions for prevention such as after school programs to keep youth busy.	16 min	Eng
775	MAKE THAT RIGHT CHANGE: THE 4 PHASES OF ADOLESCENT RECOVERY	Includes stories from teens of their past drug use who admit that drug addiction can cost each individual his/her family, health, friends, and success in school. Shows how drugs can affect teens, causing lower self-esteem, poor grades, fear, distrust, and the feeling that they have no one to turn to. Explains how the recovery program helped teens turn their lives around by providing support, job placement, after school activities, etc...	25 min	Eng

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776	INHALANT USE: PLEASE DON'T BREATHE MY FUMES	Uses animation to show the physical and psychological effects of inhalants. Also provides information on how to help a victim who is unconscious or disoriented from inhalant use.	12 min	Eng
777	STEROIDS: BIG TROUBLE AHEAD	Outlines the negative effects of steroids on both males and females, and how steroids can cause many physiological problems that affect the heart and liver, and can cause early baldness, flare-ups, and psychological problems.	12 min	Eng
778	DRUG FREE ME	Describes, in a classroom setting, the dangers of drugs and the effects they have on the body. Discussion with the class follows.	16 min	Eng
779	LOOKING FORWARD TO TOMORROW: MEDICAL ASPECTS OF SENIORS & SUBSTANCES	Uses an entertaining approach to explain how the effects of substance use can be mistaken for effects of aging in older adults. Young medical students work through an analysis of symptoms and suggestions for more positive approaches when treating older patients.	28 min	Eng
780	SUBSTANCE ABUSE: AN OVERVIEW	Explains the difference between substance abuse and substance addiction. Lecture format by Dr. Ted Parran. This video series helps those in recovery apply 12 step principles to their daily life. Explaining lifestyles, value systems, and the thinking process of the inner city recovering person, Johnson illustrates the difficulties one may face living within the 12 step boundaries, how the recovering person sabotages use of these principles, and what is required to recognize addictive cycles, relapse triggers, and the process to succeed in a life of recovery.	10 min	Eng
781	STEP 1	"We admitted we were powerless over alcohol - that our lives had become unmanageable."	78 min	Eng
782	STEP 2	"We came to believe that a Power greater than ourselves could restore us to sanity."	83 min	Eng
783	STEP 3	"We made a decision to turn our will and our lives over to the care of God as we understood Him."	84 min	Eng
784	STEP 4	"We made a searching and fearless moral inventory of ourselves."	86 min	Eng

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785	STEP 5	"We admitted to God, to ourselves and to another human being the exact nature of our wrongs."	92 min	Eng
786	STEP 6	"We were entirely ready to have God remove all these defects of character."	99 min	Eng
787	STEP 7	"We humbly asked Him to remove our shortcomings."	90 min	Eng
788	STEP 8 & 9	"We made a list of all persons we had harmed, and became willing to make amends to them all." and "We made direct amends to such people wherever possible except when to do so would injure them or others."	74 min	Eng
789	STEP 10	"We continued to take personal inventory and when we were wrong promptly admitted it."	81 min	Eng
790	STEP 11	"We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the the power to carry that out."	89 min	Eng
791	STEP 12	"Having had a spiritual awakening as a result of these steps, we tried to carry out this message to alcoholics, and to practice these principles in all our affairs."	94 min	Eng
792	EVOLUTION OF MADNESS WITH MICHAEL JOHNSON, M.S.W., C.S.W.	Michael Johnson is a certified addiction therapist from Detroit. Michael works most effectively with Urban populations and clients referred to as "resistant." In his dual capacity as a therapist and recovering person, he has developed the insight into the "missing link" in the recovering process.	30 min	Eng
793	ALCOHOL: THE SUBSTANCE, THE ADDICTION, THE SOLUTION	Includes interviews with recovering alcoholics, a treatment psychologist, and a physician who speak candidly about the causes and effects, control and denial, as well as the effects of alcohol on the brain and body.	20 min	Eng
794	COCAINE AND CRACK: BACK FROM THE ABYSS (cc)	This educational and motivational video is comprised of the interwoven testimony of recovering addicts, chemical dependency counselors, and a physician.	46 min	Eng
795	ONE VOICE, DOMESTIC VIOLENCE: A SOCIAL REALITY	Defines domestic violence and explores the socially accepted myths about the causes of these destructive, sometimes lethal, behavior patterns. Focuses on the problem in relationships and the socioeconomic scope of relationship issues.	30 min	Eng
796	ONE VOICE, DOMESTIC VIOLENCE: IDENTIFYING VICTIMS AND BATTERERS	Identifies the helping profession's standards of care of approaches, tools, and assessment strategies used to identify physical, emotional, and social injuries that occur with domestic violence.	30 min	Eng

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797	ONE VOICE, DOMESTIC VIOLENCE: INSTITUTIONALIZED INTERVENTION	Defines community standards of care for individuals affected by domestic violence and presents an organized approach for mobilizing communities and helping them to intervene with couples who are in abusive relationships.	30 min	Eng
798	GROUNDHOG JOB SHADOWING 2000	Designed for kids to observe and apply the skills and education that they have learned in school to real work-force environment. Includes a mentor program that is very effective for youth; it is the foundation for kids of all ages with multi-ethnicity.	7 min	Eng
799	ALCOHOL AWARENESS	Expresses the feelings and dreams of Vietnamese people who came to the United States, only to struggle with reality upon their arrival. Emphasizes the use of alcohol among this population as a means of dealing with their problems, and looks at alternatives to substance abuse in dealing with their problems.	37 min	Viet
800	VIOLENCE IN THE WORKPLACE	Illustrates how to recognize aggressive behavior in the workplace and how to handle it. Describes strategies every employee needs to keep him or herself safe.	35 min	Eng
801	RUNNING ON EMPTY: TEENS AND METH	Explains how methamphetamine damages the body by exhausting its resources. Also explains how addictive meth is, the physical effects, including paranoia and hallucinogens and how it often leads to poly drug use.	27 min	Eng
802	DRUG FREE WORKPLACE: SUPERVISOR VERSION	Provides guidelines for employers who wish to create a drug-free workplace and drug-free policy for employment. Illustrates step by step, the drug-testing process, the protocol to be followed when someone tests positive for drugs, and offers problem solving with resistant employees.	33 min	Eng
803	DRUG FREE WORKPLACE: EMPLOYEE VERSION	Explains the employee's rights regarding drug testing and the consequences if one tests positive. Emphasizes that if employees use drugs outside the workplace, during non-work hours, that they may still test positive and suffer the same consequence because drugs can still affect one's abilities to perform their work safely and competently even though they are not high on the job. Describes the protocol one must follow after testing positive for drugs.	35 min	Eng
804	READY OR NOT: TALKING WITH KIDS ABOUT ALCOHOL	Presents a common sense guide on how to talk to children about alcohol use. Explains 5 steps to preventing underage drinking and problem drinking later on, including initiating the conversation with your child, being a good role model, disapproving of underage drinking, supervising children, and identifying problem behavior and seeking help. Also gives tips on serving alcohol responsibly at parties.	30 min	Eng

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805	COMMUNITY COALITIONS: GATHERING MOMENTUM; BUILDING A DRUG-FREE AMERICA	Shows how coalitions can make a powerful impact on drug problems in their community. Also includes strategies to decrease drug problems from the second forum of the National Coalition Committee of the President's Drug Advisory Council which meets yearly to exchange ideas and support for the leaders of coalitions throughout the U.S.	7 min	Eng
806	STAYING ON TRACK: AN ALCOHOL PREVENTION VIDEO	Includes interviews with two teens who describe the results of their choices of whether or not to use alcohol. Teaches viewers about the risks of using alcohol, and explores media messages about alcohol, as well as peer pressure and how to handle it. Encourages teens to make conscious, educated choices.	15 min	Eng
807	STRESS MANAGEMENT: A PRACTICAL APPROACH	Teaches viewers more effective ways to deal with stress, including how to prioritize tasks, become better organized, and how to delegate tasks.	18 min	Eng
808	DRUG ABUSE: SYMPTOMS OF DEPENDENCY	Outlines the signs that indicate someone is addicted or dependent on a substance. Shows how casual drug use or experimentation with over the counter and prescription drug use can lead to addiction and one can become dependent on these substances. Provides resources for those who are looking for help.	23 min	Eng
809	SMOKE-FREE TV (cc)	Educates youth on health risks of smoking and teaches refusal skills. Includes interviews with real youth who explain how they struggle with nicotine addiction.	20 min	Eng
810	DENIAL: THE INSIDE STORY	Explains that denial is a natural part of human nature and acts as a coping mechanism. Also explains that if denial is used as the only coping strategy, it can be destructive. Shows steps one can take to deal with problems more effectively.	33 min	Eng
811	DON'T EVEN TRY IT	Realistic vignettes illustrate how teens can use refusal skills to avoid drug use and deal with peer pressure. Also demonstrates the Self-Control Skills which can help teens feel in control instead of hopeless.	11 min	Eng
812	PRESCRIPTION DRUGS: RECOVERY FROM THE HIDDEN ADDICTION	Shows how prescription drug addiction is often a problem that is overlooked and usually underreported. Explains how older adults have a higher incidence of this type of addiction. In this two part video, viewers learn why combining different prescription drugs, especially with alcohol, is so dangerous. Part two covers recovering prescription drug addicts and the challenges and happiness they experience in recovery.	31 min	Eng

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813	RECLAIM YOUR LIFE (cc)	Includes stories from people who have been severely affected by codependency. Melodie Beattie talks about the struggles she endured.	48 min	Eng
814	METH: THE GREAT DECEIVER	Provides true-life stories of meth users and how this highly addictive and dangerous drug of the 90's destroys lives. Urges youth to avoid experimentation with meth, and if they do, to take personal responsibility for whatever consequences result and to get help to stop using.	15 min	Eng
815	CHANGE: MAKING IT WORK FOR YOU	Explains three steps to dealing with change: identify your emotional response to change, put the change in perspective, and avoid speculating what the end result may be. Also talks about taking ownership and becoming a part of the change to gain a feeling of control or getting counseling if the situation is still too overwhelming.	19 min	Eng
816	KEEP OFF THE GRASS	Dispels the myths that marijuana is safe and explores the media messages that are "pro-pot smoking." Provides clear facts about the consequences of marijuana use so that teens can make the right decision.	27 min	Eng
817	THROUGH A BLUE LENS	Includes actual video footage of the daily life of street addicts in Vancouver, British Columbia. Shows first hand how these people evolved into addicts and how easy it is to become trapped by addiction, just through experimenting or trying to temporarily escape problems.	45 min	Eng
818	ALL THE RAVE	Dateline investigates the dangers of raves. Follows a teen who goes undercover and exposes drug use and sales at raves and the harm that youth put themselves in while under the influence. Closes with signs to look for to determine if your teen or someone you know is attending raves or using club drugs.	45 min	Eng
819	20/20, DRUNK BARS, GHB UPDATE	Includes segments on bartender/liquor store liability in drinking driving accidents, and the outcome of the trial of 4 young men who poisoned a girl's drink with GHB.	17 min	Eng
820	EMERGING DRUG EPIDEMICS, CLUB DRUGS	Explains how a number of our Nation's best monitoring mechanisms are detecting alarming increases in the popularity of some very dangerous substances known collectively as "club drugs." This term refers to drugs being used by young adults at all-night dance parties such as "raves" or "trances," dance clubs, and bars. Describes how MDMA (Ecstasy), GHB, Rohypnol, Ketamine, methamphetamines, and LSD are some of the club or party drugs gaining popularity. Uses to NIDA supported research to show that use of club drugs can cause serious health problems and, in some cases, even death.	120 min	Eng

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821	PIECES OF THE PREVENTION PUZZLE: Fighting Drugs Through Cross System Collaboration	Describes how collaborations have the potential to strengthen communities, to resolve issues and improve relationships among public and private organizations, and to improve the quality of services to the community.	120 min	Eng
822	METH PREVENTION COOKBOOK: Community Recipes for Success	Exposes the simplicity of making meth and the hazards involved for everyone, not just the "cooks." Educates viewers on the drug considered by many experts in the field of science, health, and law enforcement as one of the most dangerous drugs in America today. (Reference guide available)	90 min	Eng
823	DIVERSITY IN PREVENTION: Ethnicity, Culture and Environment	Explores the answers to questions like: How does a coalition attract diverse members? How can a coalition leader best facilitate community among the members of these diverse groups? How can the coalition leadership guide others appropriately through a cross-culture event or situation and adapt prevention strategies to accommodate different cultures and groups? What exactly is "culturally competent prevention"?	120 min	Eng
824	METH LAB: A Liability From Every Aspect	Provides an OSHA level overview of the illicit drug manufacturing situation. Focuses on the growing phenomena of small mid-sized clandestine labs in our communities. Explains how, with the various OSHA regulations regarding the handling of these labs, locating a clandestine facility brings an immediate series of liability issues. Describes that the first step in initiating a program to increase community safety is recognizing of the responsibilities of responding agencies and determining a point at which federal authorities can be called in.	150 min	Eng
825	TRUTH ABOUT ALCOHOL	Excellent for overall education on alcohol and alcohol-related problems (health problems, social problems, economic problems, etc.). Includes interviews with health professionals, and provides information on DUI laws (slightly dated, facilitator will need to update audience on current laws).	45 min	Eng
826	RESILIENCY: BEATING THE ODDS	Explains the four components of resiliency and how some people can overcome seemingly impossible situations. Highlights the struggles of a young boy fighting bone cancer, a woman born with spina bifida, and a young woman who was repeatedly sexually abused by her father.	19 min	Eng
827	ALCOHOLISM AND THE OLDER ADULT	Explains why some older adults may turn to alcohol to cope with significant life events such as death of a spouse or a friend. Identifies signs to look for to determine if an older adult has a drinking problem, and offers strategies to help the person, rather than enable or help hide the problem.	13 min	Eng

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828	DANGER! TOXIC CHEMICALS, AN INHALANT PREVENTION VIDEO	Teaches how inhalants can cause permanent injury or death and dispels the myth that these chemicals are safe because of their widespread use. Discusses developing refusal skills, temporary and permanent effects of sniffing, and persuading friends who sniff/huff that sniffing is dangerous.	15 min	Eng
829	LET'S TALK: TEENS TALK ABOUT DRUG EDUCATION	Utilizes youth who tell about the drug education that they have received, from scare tactics to DARE to "Just Say No." They speak very openly on why they think youth choose to use alcohol and other drugs, and what kind of information they think youth need in order to make informed decisions. The youth explain factors that influence their decisions to use or not to use substances.	13 min	Eng
830	YOUNG MEN'S WORK, STOPPING VIOLENCE & BUILDING COMMUNITY	Divided into 12 parts. Young teenagers speak about gangs and the reality that young teenagers are involved in gun violence. They speak of their experiences with gangs and male role models in the home. Provides essential tools in order to stand up for themselves and be their own leaders. Helps young males understand and respect women and not treat them as sex objects.	27 min	Eng
831	THE GUIDANCE CLUB FOR KIDS, COPING WITH A PARENT WHO DRINKS OR ABUSES DRUGS	Divided into 12 parts. Uses animation to focus on children coping with parent's dependency on alcohol or drugs and describes how parents behave and cope with their sickness. Offers a variety of advice to children who are in situations like this and recommends that children talk with adults they can trust. Discusses the stages of fear and self blame for their parents' illness.	22 min	Eng
832	REALITY CHECK: A MARIJUANA PREVENTION VIDEO	Exposes teens to the reality of the physical, mental, emotional dangers of this increasingly popular drug. Provides viewers with skills and positive alternatives to avoid the pitfalls of pot.	17 min	Eng
833	MARIJUNA-OPIUM, MORPHINE AND HEROIN. HOOKED-ILLEGAL DRUGS AND HOW THEY GOT THAT WAY - 1	Explores the world of illegal drugs. Interviews pharmacologists and scientists who reveal exactly what effect drugs have on us. Includes an exploration of the social and legislative changes that have transformed the drug culture of the 20th century. Outspoken advocates on both sides of the "war on drugs" illuminate this issue, while accounts and artifacts illustrate the role of drugs throughout history.	100 min	Eng
834	COCAINE-LSD, ECSTASY AND THE RAVES. HOOKED-ILLEGAL DRUGS AND HOW THEY GOT THAT WAY - 2	Explores the world of illegal drugs. Interviews pharmacologists and scientists who reveal exactly what effect drugs have on us. Includes an exploration of the social and legislative changes that have transformed the drug culture of the 20th century. Outspoken advocates on both sides of the "war on drugs" illuminate this issue, while accounts and artifacts illustrate the role of drugs throughout history.	100 min	Eng

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835	SUBSTANCE ABUSE IN THE ELDERLY	Senior citizens discuss the challenges of managing complicated medication regimens, the potential for abuse, and the consequences when certain medications are mixed with alcohol. Presents treatment programs created especially for older adults.	30 min	Eng

decision.